

# Inflation and reheating in the early Universe

## Lecture #1

### Introduction: present Universe and Hot Big Bang Theory

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**BASIS School**  
**“Quantum fields:  
from gravity and cosmology  
to physics of condensed matter”**

Velich country club, Moscow region, Russia

# Standard Model: Major Problems

Gauge fields (interactions):  $\gamma, W^\pm, Z, g$

Three generations of matter:  $L = \begin{pmatrix} \nu_L \\ e_L \end{pmatrix}, e_R; Q = \begin{pmatrix} u_L \\ d_L \end{pmatrix}, d_R, u_R$

- Describes
  - ▶ all experiments dealing with electroweak and strong interactions
- Does not describe (PHENO) (THEORY)
  - ▶ Neutrino oscillations
  - ▶ Dark matter ( $\Omega_{DM}$ )
  - ▶ Baryon asymmetry ( $\Omega_B$ )
  - ▶ Inflationary stage
  - ▶ Reheating
  - ▶ Dark energy ( $\Omega_\Lambda$ )
  - ▶ Strong CP-problem
  - ▶ Gauge hierarchy
  - ▶ Quantum gravity

Must explain all above

???

# Problems in astrophysics. . . (?)

- Origin of extragalactic magnetic fields
- First stars and reionization of the Universe
- Mechanism of SuperNovae explosion
- Sources of Ultra-high energy cosmic rays (EeV-scale)
- Extremely low IR extragalactic background
- Too old White Dwarfs
- Origin of Fast Radio Bursts
- Origin of ICECUBE neutrinos (PeV-scale)
- Black hole physics
- ...
- Helioseismology vs helioemissivity
- Origin of the heat at the Earth

New Physics and New Cosmology may be

either responsible for  
or testable there

# Experimental data in Cosmology and Astrophysics

- Each experiment may be unique (unrepeatable):
  - observe only one Universe
  - (so far) registered only one SN explosion
  - might observe only one magnetic monopole (?)
  - can study only one star
  - (so far) can study only one planet
  - ...
- we register photons, neutrinos, gravitational waves, electrons, positrons, protons, nuclei,  
but only photons, neutrinos and gravitational waves can point at the source
- Can not directly check the model of sources
- Can not directly check the media in between

# Outline

- 1 General facts and key observables
- 2 Evidences for Dark Matter in astrophysics and cosmology
- 3 Mystery of Dark Energy
- 4 Redshift and the Hubble law
- 5 Expanding Universe: mostly useful formulas
- 6 The real Universe

# “Natural” units in particle physics

$$\hbar = c = k_B = 1$$

measured in GeV: energy  $E$ , mass  $M$ , temperature  $T$

$$m_p = 0.938 \text{ GeV}, \quad 1 \text{ K} = 8.6 \times 10^{-14} \text{ GeV}$$

measured in  $\text{GeV}^{-1}$ : time  $t$ , length  $L$

$$1 \text{ s} = 1.5 \times 10^{24} \text{ GeV}^{-1}, \quad 1 \text{ cm} = 5.1 \times 10^{13} \text{ GeV}^{-1}$$

$$\text{Gravity (General Relativity): } V(r) = -G \frac{m_1 m_2}{r} \quad [G] = M^{-2}$$

$$M_{\text{Pl}} = 1.2 \times 10^{19} \text{ GeV} = 22 \mu\text{g}$$

$$G \equiv \frac{1}{M_{\text{Pl}}^2}$$

# “Natural” units in cosmology

$$1 \text{ Mpc} = 3.1 \times 10^{24} \text{ cm}$$

$$1 \text{ AU} = 1.5 \times 10^{13} \text{ cm}$$

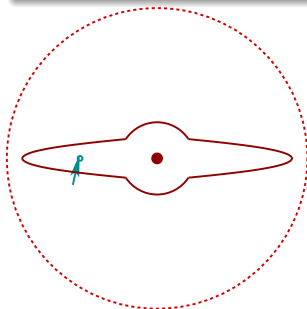
$$1 \text{ ly} = 0.95 \times 10^{18} \text{ cm}$$

$$1 \text{ pc} = 3.3 \text{ ly} = 3.1 \times 10^{18} \text{ cm}$$

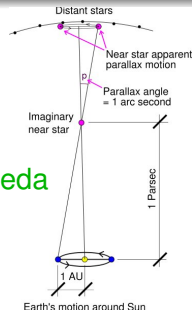
mean Earth-to-Sun distance  
distance light travels in one year

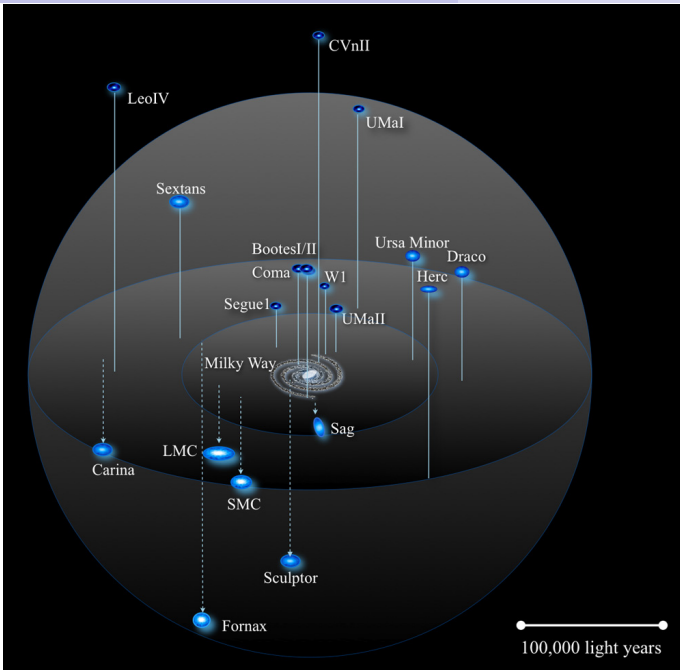
$$1 \text{ yr} = 3.16 \times 10^7 \text{ s}$$

distance to object which has  
a parallax angle of one arcsec

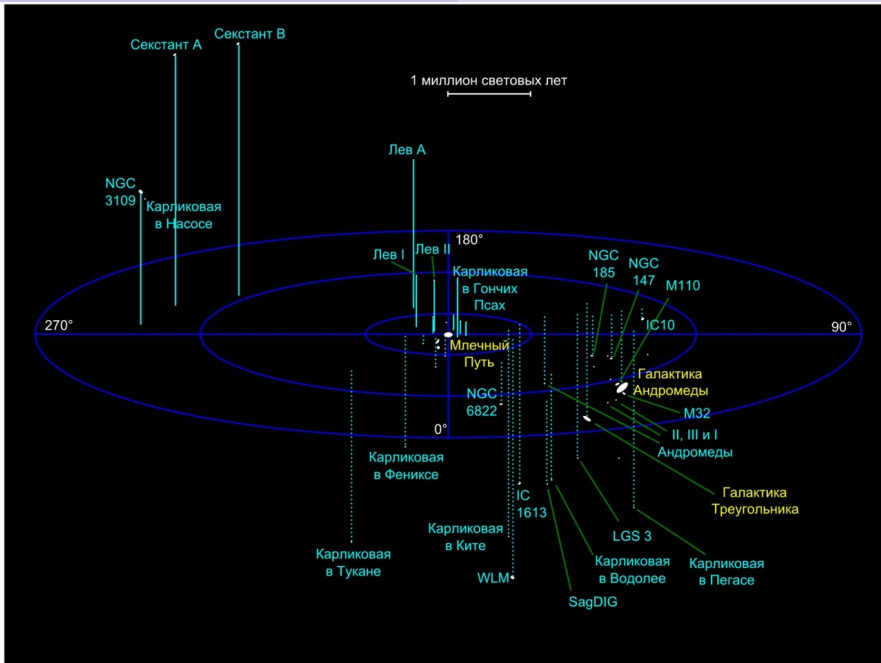


100 AU — Solar system size  
1.3 pc — nearest-to-Sun stars  
1 kpc — size of dwarf galaxies  
50 kpc — distance to dwarves  
0.8 Mpc — distance to Andromeda  
1-3 Mpc — size of clusters  
15 Mpc — distance to Virgo

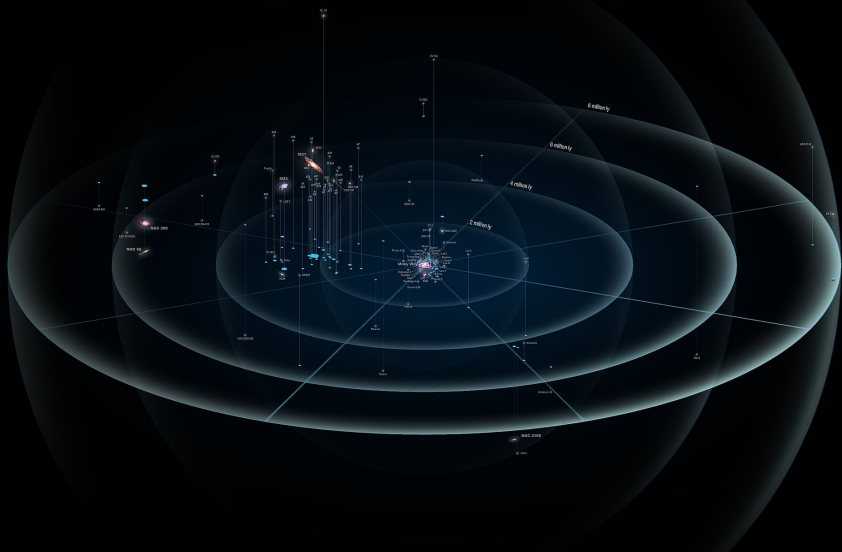








# Local Group and nearest galaxies

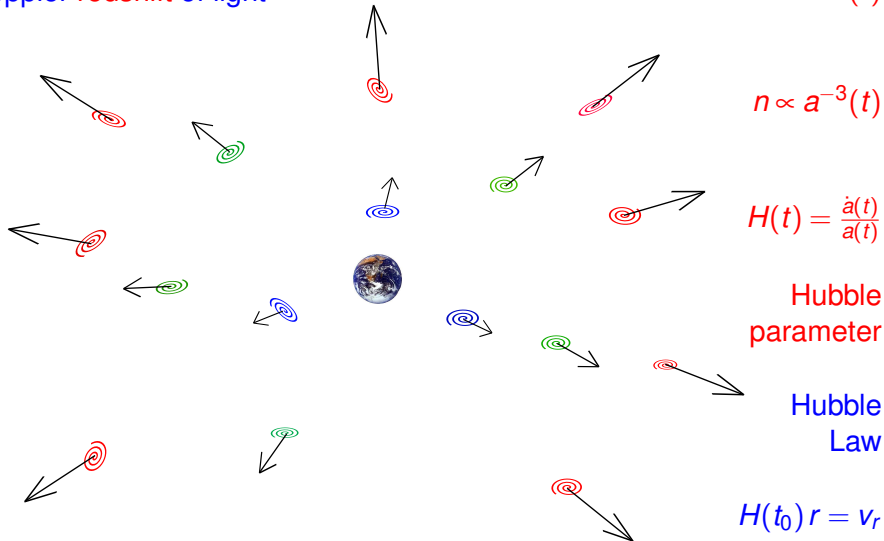


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# Universe is expanding

## Doppler redshift of light

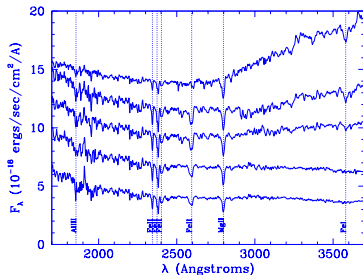
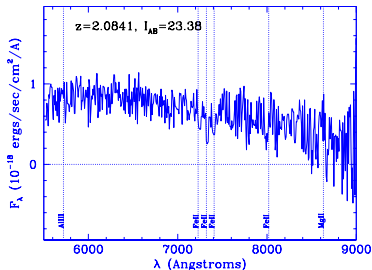


Expansion: redshift  $z$ 

$$\lambda_{\text{abs.}}/\lambda_{\text{em.}} \equiv 1 + z$$

$$z \ll 1 \text{ Hubble law : } z = H_0 r$$

$$H_0 = h \cdot 100 \frac{\text{km}}{\text{s} \cdot \text{Mpc}}, \quad h \approx 0.68$$



Expansion: redshift  $z$ 

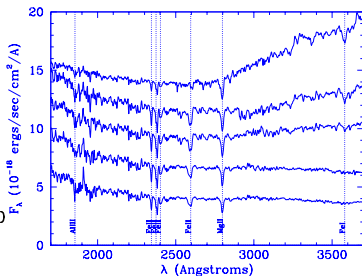
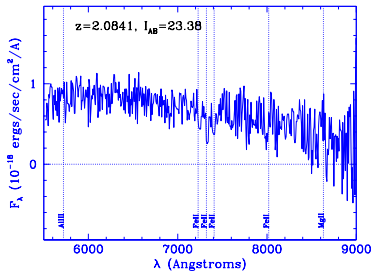
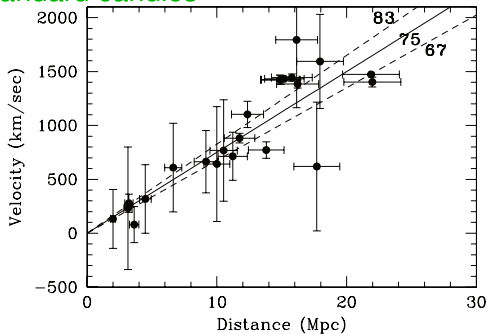
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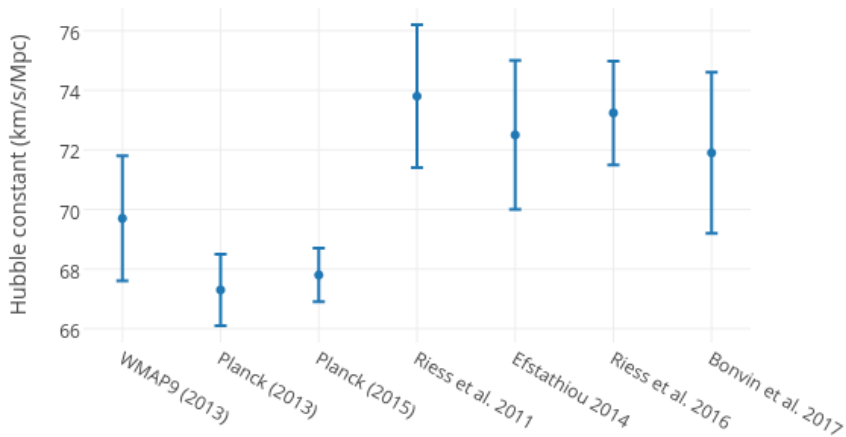
$$H_0 = h \cdot 100 \frac{\text{km}}{\text{s} \cdot \text{Mpc}}, \quad h \approx 0.68$$

Hubble Diagram for Cepheids (flow-corrected)

standard candles

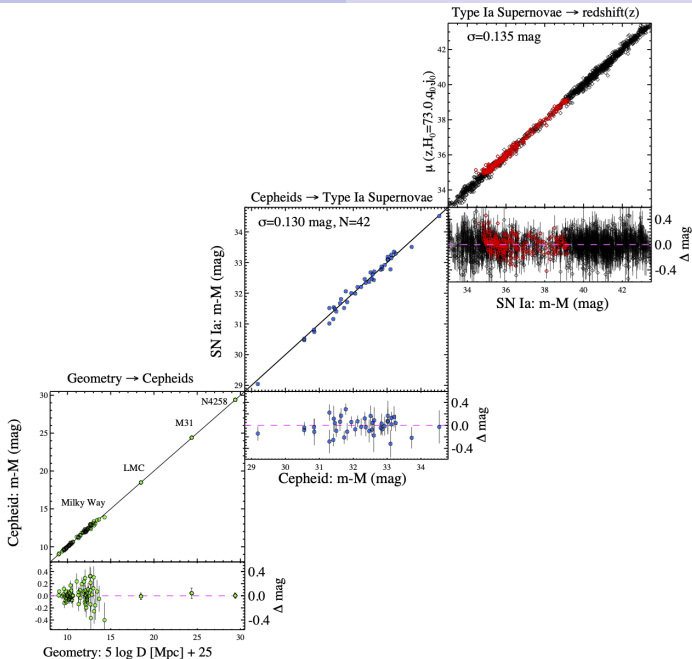


## Hubble Constant Measurements

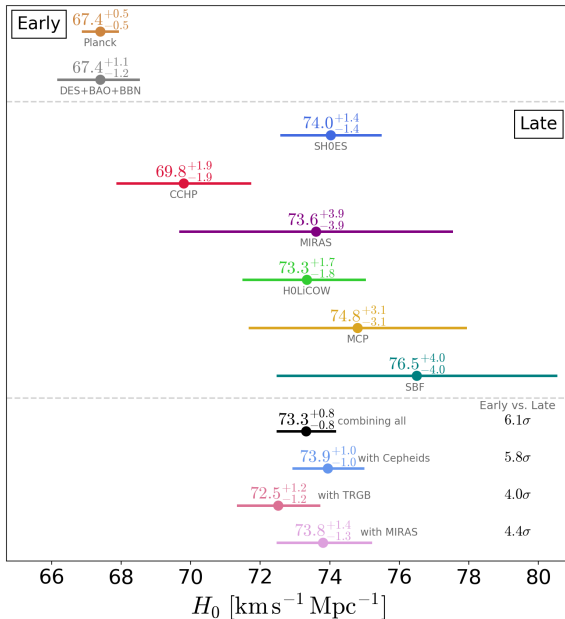






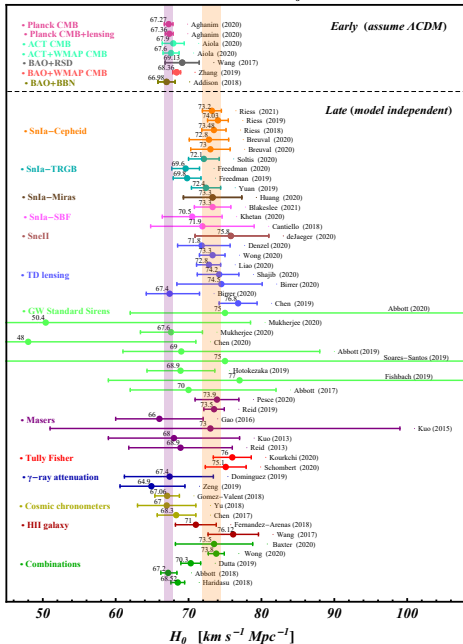


2211.04492

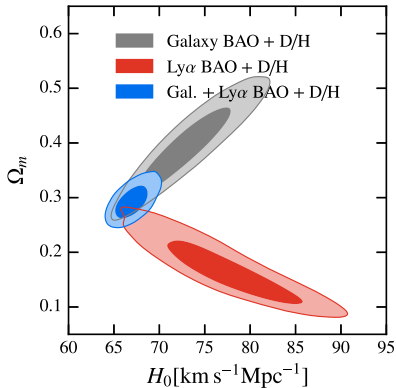
flat –  $\Lambda$ CDM

1907.10625

### Constraints on $H_0$



2105.05208

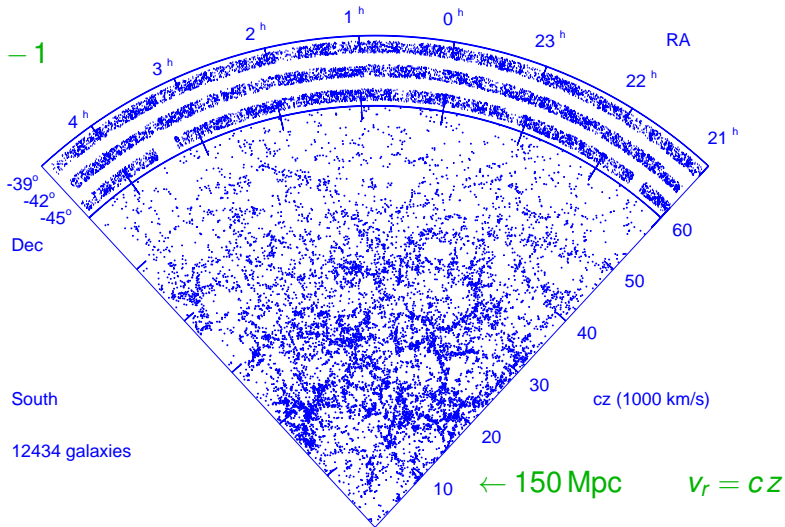


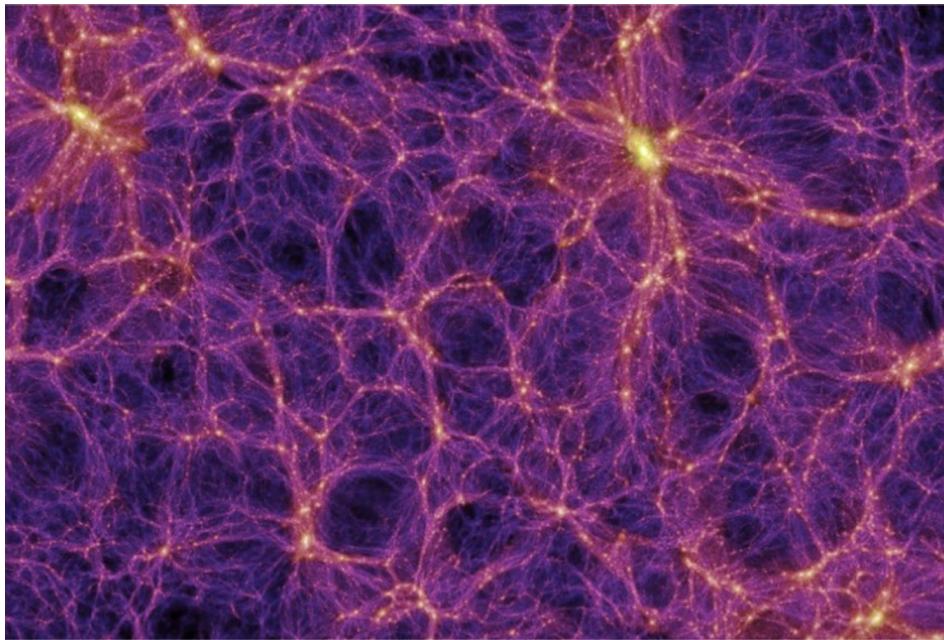
1707.06547

# Universe is homogeneous and isotropic

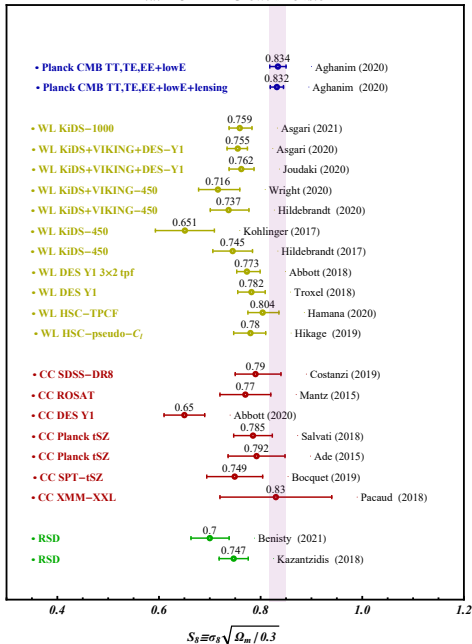
redshift

$$z \equiv \frac{\lambda_{\text{detector}}}{\lambda_{\text{source}}} - 1$$

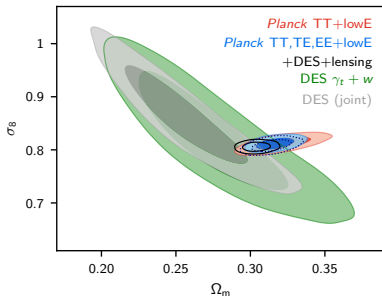




Flat  $\Lambda$ CDM – Growth Tension



2105.05208



1807.06209

# The Universe: age & geometry & energy density

$$[H_0] = L^{-1} = t^{-1}$$

time scale:  $t_{H_0} = H_0^{-1} \approx 14 \times 10^9$  yr

age of our Universe

spatial scale:  $l_{H_0} = H_0^{-1} \approx 4.3 \times 10^3$  Mpc

size of the visible Universe

$t_{H_0}$  is in agreement with various observations

homogeneity and isotropy in 3d:

flat, spherical or hyperbolic

Observations:

“very” flat

$$R_{curv} > 10 \times l_{H_0}$$

order-of-magnitude estimate:

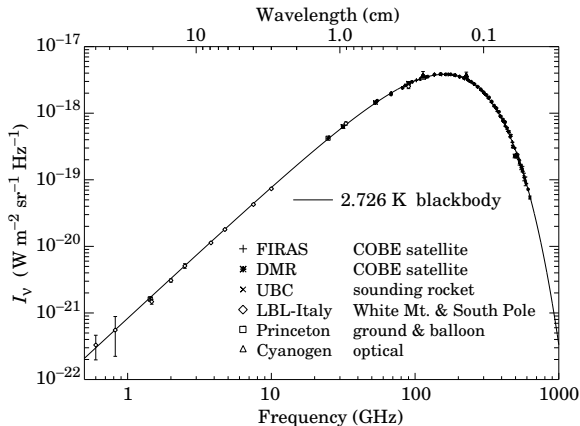
$$GM_U/l_U \sim G\rho_0 l_{H_0}^3 / l_{H_0} \sim 1$$

flat Universe

$$\rho_c = \frac{3}{8\pi} H_0^2 M_{\text{Pl}}^2 \approx 0.53 \times 10^{-5} \frac{\text{GeV}}{\text{cm}^3}$$

→ 5 protons in each  $1 \text{ m}^3$

# Universe is occupied by “thermal” photons



$$T_0 = 2.726 \text{ K}$$

the spectrum  
(shape and  
normalization!)  
is thermal

$$n_\gamma = 411 \text{ cm}^{-3}$$



# Conclusions from observations

The Universe is homogeneous, isotropic, hot and expanding...

## Conclusions

- interval between events gets modified

$$\Delta s^2 = c^2 \Delta t^2 - a^2(t) \Delta \mathbf{x}^2$$

in GR expansion is described by the Friedmann equation

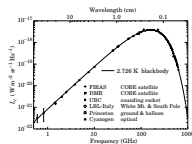
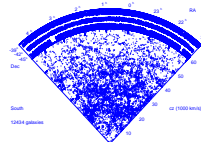
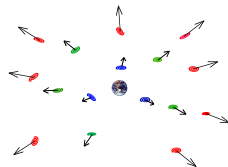
$$\left(\frac{\dot{a}}{a}\right)^2 = H^2(t) = \frac{8\pi}{3} G \rho_{\text{density}}^{\text{energy}}$$

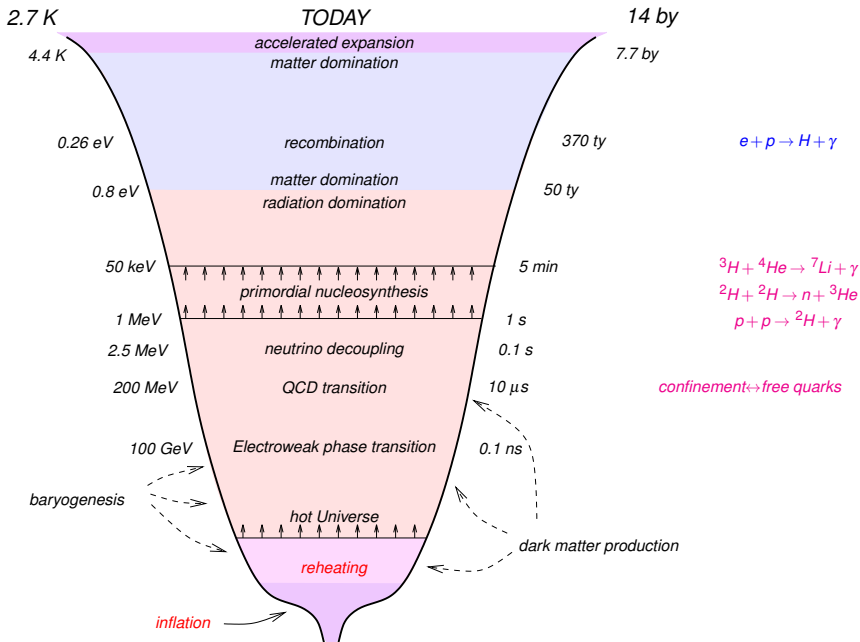
$$\rho_{\text{density}}^{\text{energy}} = \rho_{\text{radiation}} + \rho_{\text{matter}} + \dots$$

- in the past the matter density was higher, our Universe was “hotter” filled with electromagnetic plasma

$$\rho_{\text{matter}} \propto 1/a^3(t), \quad \rho_{\text{radiation}} \propto 1/a^4(t), \quad \rho_{\text{curvature}} \propto 1/a^2(t)$$

certainly known up to  $T \sim 1 \text{ MeV} \sim 10^{10} \text{ K}$

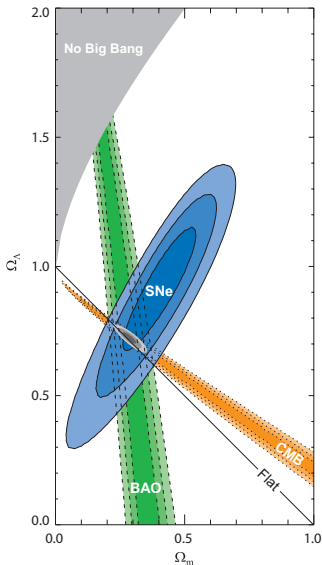




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# Astrophysical and cosmological data are in agreement



$$\left(\frac{\dot{a}}{a}\right)^2 = H^2(t) = \frac{8\pi}{3} G \rho_{\text{density}}^{\text{energy}}$$

$$\rho_{\text{density}}^{\text{energy}} = \rho_{\text{radiation}} + \rho_{\text{matter}}^{\text{ordinary}} + \rho_{\text{matter}}^{\text{dark}} + \rho_\Lambda$$

$$\rho_{\text{radiation}} \propto 1/a^4(t) \propto T^4(t), \quad \rho_{\text{matter}} \propto 1/a^3(t)$$

$$\rho_\Lambda = \text{const}$$

$$\frac{3H_0^2}{8\pi G} = \rho_{\text{density}}^{\text{energy}}(t_0) \equiv \rho_c \approx 0.53 \times 10^{-5} \frac{\text{GeV}}{\text{cm}^3}$$

radiation:

$$\Omega_\gamma \equiv \frac{\rho_\gamma}{\rho_c} = 0.5 \times 10^{-4}$$

Baryons (H, He):

$$\Omega_B \equiv \frac{\rho_B}{\rho_c} = 0.05$$

Neutrino:

$$\Omega_\nu \equiv \frac{\sum \rho_{\nu_i}}{\rho_c} < 0.01$$

Dark matter:

$$\Omega_{\text{DM}} \equiv \frac{\rho_{\text{DM}}}{\rho_c} = 0.27$$

Dark energy:

$$\Omega_\Lambda \equiv \frac{\rho_\Lambda}{\rho_c} = 0.68$$

# Why do we need dark components (within GR)?

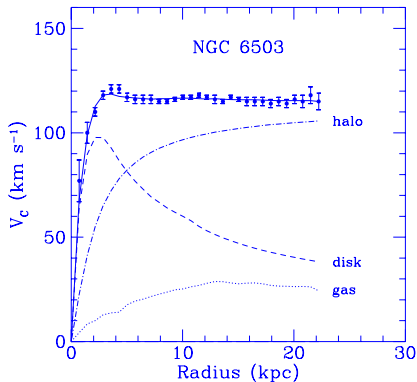
- **Astrophysical data favor Dark Matter**
  - ▶ Observations in galaxies
  - ▶ Observations in galaxy clusters
- **Cosmological data favor Dark Matter and Dark Energy**
  - ▶ Observation of objects at cosmological distances (far=early)
  - ▶ Baryonic Acoustic (Sakharov) Oscillations (BAO) in two-point galaxy correlation function
  - ▶ Evolution of galaxy clusters in the Universe
  - ▶ Anisotropy of Cosmic Microwave Background (CMB)

## Galactic dark halos:

## flat rotation curves

$$v(R) = \sqrt{G \frac{M(R)}{R}}$$

$$M(R) = 4\pi \int_0^R \rho(r) r^2 dr$$



observations:

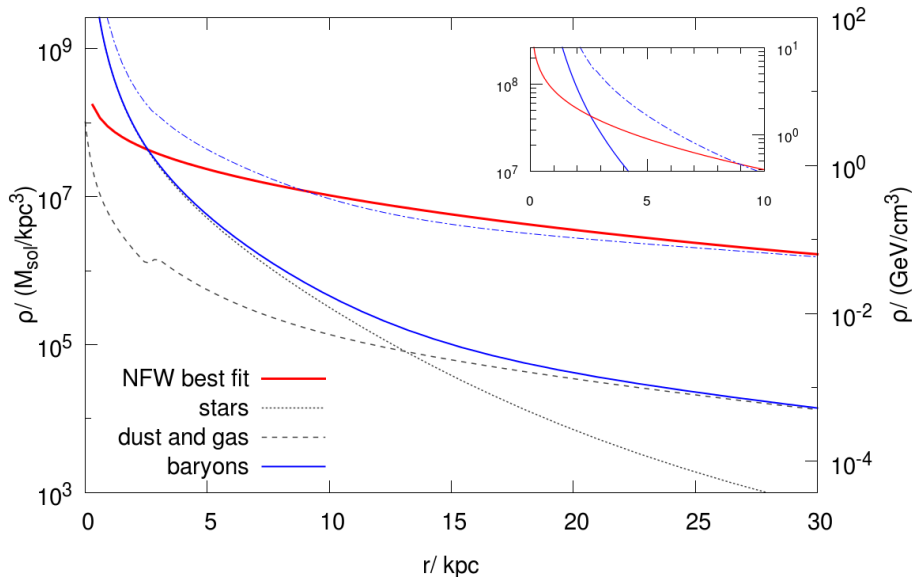
$$v(R) \simeq \text{const}$$

visible matter:

internal regions  $v(R) \propto \sqrt{R}$   
 external ("empty") regions  $v(R) \propto 1/\sqrt{R}$

# Matter distribution in the Milky Way

1706.09850



# Dark Matter in clusters

## X-rays from hot gas in clusters

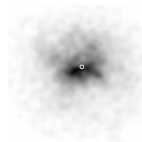
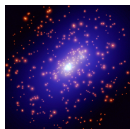
$$\frac{dP}{dR} = -\mu n_e(R) m_p \frac{GM(R)}{R^2}, \quad M(R) = 4\pi \int_0^R \rho(r) r^2 dr, \quad P(R) = n_e(R) T_e(R)$$

## galaxies in clusters

## virial theorem

$$U + 2E_k = 0$$

$$3M \langle v_r^2 \rangle = G \frac{M^2}{R}$$

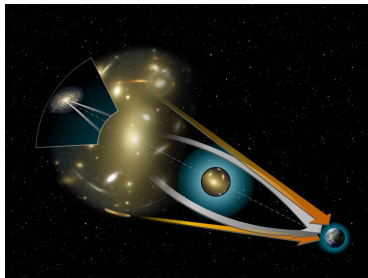


## Milky Way: Virgo infall

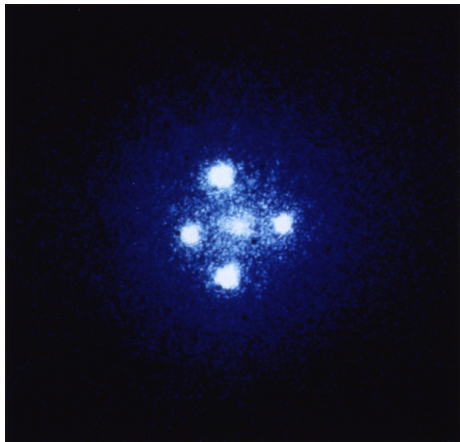


## Gravitational lensing in GR:

$$\alpha = 4GM/(c^2 b)$$

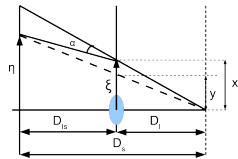


## Einstein Cross



source: quasar  $D_s = 2.4$  Gpc

lens: galaxy  $D_l = 120$  Mpc



$$\vec{\eta} = \frac{D_s}{D_l} \vec{\xi} - D_{ls} \vec{\alpha}(\vec{\xi})$$

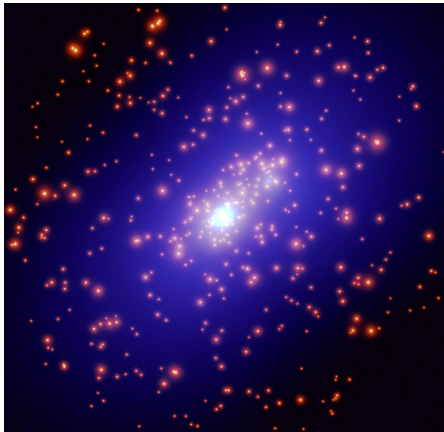
common lens  
with specific  
refraction  
coefficient

$$\vec{\alpha}(\vec{\xi}) = \frac{4G}{c} \int \frac{\vec{\xi} - \vec{\xi}'}{|\vec{\xi} - \vec{\xi}'|^2} d^2 \xi' \int \rho(\vec{\xi}', z) dz$$

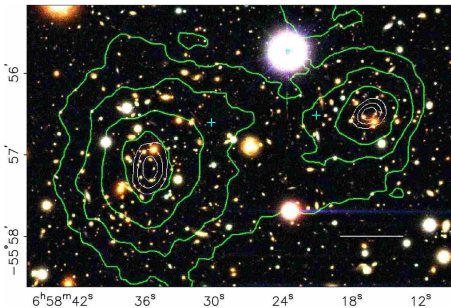
# Dark Matter in clusters

gravitational lensing

$$\rho_B \approx 0.25\rho_{DM}$$



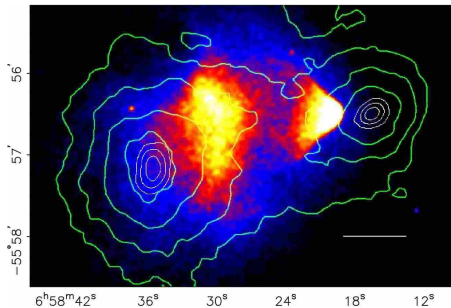
# Colliding clusters (Bullet clusters 1E0657-558)



gravitational lensing

scale is 200 kpc

clusters are at 1.5 Gpc



Observations in X-rays

$M \simeq 10 \times m$

## Dark Matter Properties

$$p = 0$$

(If) particles:

- 1 **stable** on cosmological time-scale
- 2 **nonrelativistic** long before RD/MD-transition (either **Cold** or **Warm**,  $v_{RD/MD} \lesssim 10^{-3}$ )
- 3 (almost) **collisionless**
- 4 (almost) electrically **neutral**

If were in **thermal equilibrium**:

$$M_x \gtrsim 1 \text{ keV}$$

If not:

for bosons

$$\lambda = 2\pi / (M_x v_x), \text{ in a galaxy } v_x \sim 0.5 \cdot 10^{-3} \rightarrow M_x \gtrsim 3 \cdot 10^{-22} \text{ eV}$$

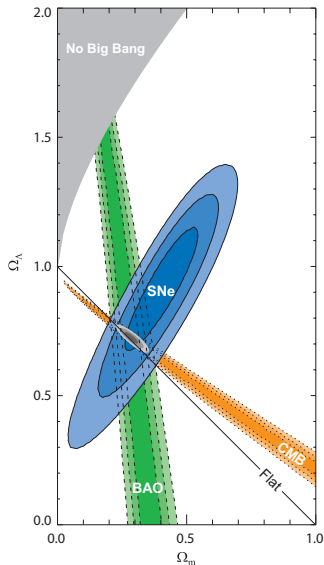
for fermions

Pauli blocking:

$$M_x \gtrsim 750 \text{ eV}$$

$$f(\mathbf{p}, \mathbf{x}) = \frac{\rho_x(\mathbf{x})}{M_x} \cdot \frac{1}{\left(\sqrt{2\pi} M_x v_x\right)^3} \cdot e^{-\frac{p^2}{2M_x^2 v_x^2}} \Bigg|_{\mathbf{p}=0} \leq \frac{g_x}{(2\pi)^3}$$

# Astrophysical and cosmological data are in agreement



$$\left(\frac{\dot{a}}{a}\right)^2 = H^2(t) = \frac{8\pi}{3} G \rho_{\text{density}}^{\text{energy}}$$

$$\rho_{\text{density}}^{\text{energy}} = \rho_{\text{radiation}} + \rho_{\text{matter}}^{\text{ordinary}} + \rho_{\text{matter}}^{\text{dark}} + \rho_\Lambda$$

$$\rho_{\text{radiation}} \propto 1/a^4(t) \propto T^4(t), \quad \rho_{\text{matter}} \propto 1/a^3(t)$$

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Neutrino:

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Dark matter:

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Dark energy:

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# Determination of $a(t)$ reveals the composition of the present Universe

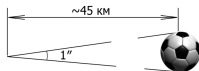
$$\Delta s^2 = c^2 \Delta t^2 - a^2(t) \Delta \vec{x}^2 \rightarrow ds^2 = g_{\mu\nu} dx^\mu dx^\nu$$

How do we check it?

Light propagation changes...  
by measuring distance  $L$  to an object!

- Measuring angular size  $\theta$  of an object of known size  $d$

$$\theta = \frac{d}{L}$$



single-type galaxies

- Measuring angular size  $\theta(t)$  corresponding to physical size  $d(t)$  with known evolution
  - BAO in galaxy distribution
  - lensing of CMB anisotropy

$$\theta(t) = \frac{d(t)}{L}$$



- Measuring brightness  $J$  of an object of known luminosity  $F$

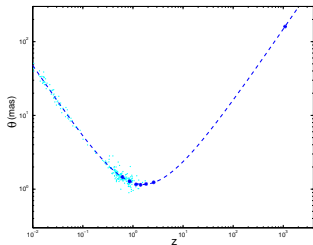
$$J = \frac{F}{4\pi L^2}$$

“standard candles”

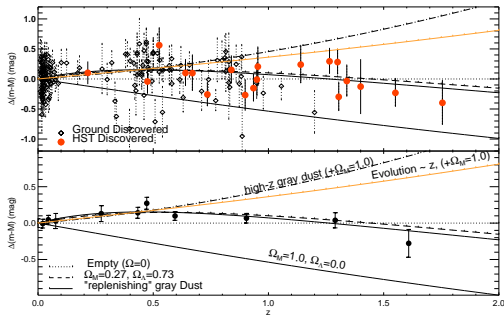
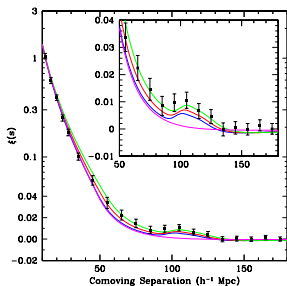


In the expanding Universe all these laws get modified

# Results of distance measurements



$$\Delta(m-M) = 5 \log \frac{r_{ph}}{r_{ph}(\Omega_c = 0.8, \Omega_M = 0.2)}$$



# Key observable: matter perturbations

- CMB is isotropic, but “up to corrections, of course...”

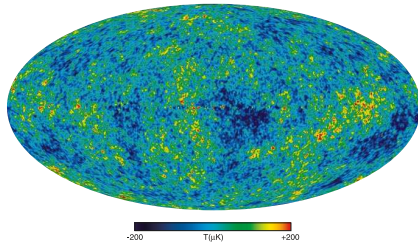
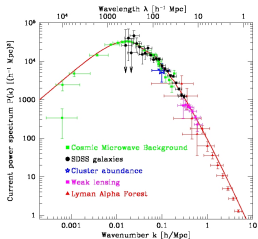
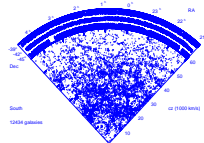
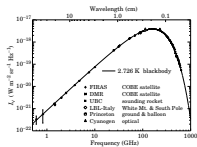
- 1 Earth movement with respect to CMB

$$\frac{\Delta T_{\text{dipole}}}{T} \sim 10^{-3}$$

- 2 More complex anisotropy!

$$\frac{\Delta T}{T} \sim 10^{-4} - 10^{-5}$$

- There were matter inhomogenities  $\Delta\rho/\rho \sim \Delta T/T$  at the stage of recombination ( $e + p \rightarrow \gamma + H^*$ )
- Jeans instability in the system of gravitating particles at rest  $\Rightarrow \Delta\rho/\rho \nearrow \Rightarrow$  galaxies (CDM halos)

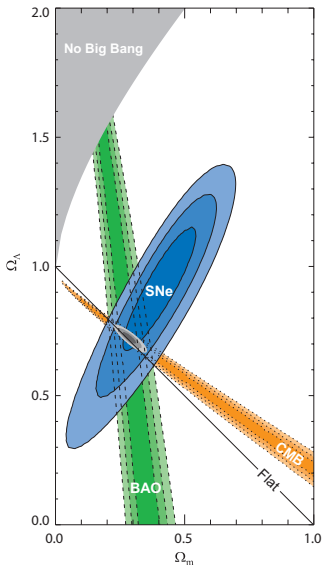




# Outline

- 1 General facts and key observables
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# Dark Energy: nonclumping matter?



- estimates of Matter contribution confined in galaxies and clusters  
 $\rho_c - \rho_M \neq 0$  but the Universe is flat, so  $\rho_{curv} \simeq 0$
- corrections to the Hubble law : red shift – brightness curves for standard candles (SN Ia)
- The age of the Universe
- CMB anisotropy, large scale structures (galaxy clusters formation), etc

$$\rho_\Lambda = 0.68\rho_c$$

$$\rho_\Lambda \sim 10^{-5} \text{ GeV/cm}^3 \sim (10^{-11.5} \text{ GeV})^4$$

# Dark Energy: all evidences are from cosmology

Working hypothesis is cosmological constant  $\Lambda \approx (2.5 \times 10^{-3} \text{ eV})^4$  :  
 $\rho = w(t)\rho$  ,  $w = \text{const} = -1$  ,  $\rho = \Lambda$

$$S_\Lambda = -\Lambda \int d^4x \sqrt{-\det g_{\mu\nu}}$$

both parts contribute

$$S_{\text{grav}} = -\frac{1}{16\pi G} \int d^4x \sqrt{-\det g_{\mu\nu}} R ,$$

$$S_{\text{matter}} = \int d^4x \sqrt{-\det g_{\mu\nu}} \left( \frac{1}{2} g^{\lambda\rho} \partial_\lambda \phi \partial_\rho \phi - V(\phi) \right)$$

natural values

$$\Lambda_{\text{grav}} \sim 1/G^2 \sim (10^{19} \text{ GeV})^4 , \quad \Lambda_{\text{matter}} \sim V(\phi_{\text{vac}}) \sim (100 \text{ GeV})^4 , (100 \text{ MeV})^4 , \dots$$

Why  $\Lambda$  is small?

Why  $\Lambda \sim \rho_{\text{matter}}$  ?

Why  $\rho_B \sim \rho_{DM} \sim \rho_\Lambda$  today?

$$\left(\frac{\dot{a}}{a}\right)^2 = H^2(t) = \frac{8\pi}{3} G \rho_{\text{density}}^{\text{energy}}$$

$$\rho_{\text{density}}^{\text{energy}} = \rho_{\text{radiation}} + \rho_{\text{matter}}^{\text{ordinary}} + \rho_{\text{matter}}^{\text{dark}} + \rho_{\Lambda}$$

$$\rho_{\text{radiation}} \propto 1/a^4(t) \propto T^4(t), \quad \rho_{\text{matter}} \propto 1/a^3(t)$$

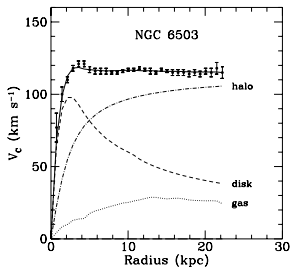
$$\rho_{\Lambda} = \text{const}$$

Why do we think it is most probably new particle physics  
(new gravity if any is not enough) ?

DM at various spatial scales, BAU requires baryon number violation

# Universe content from astrophysics

## Rotational curves



## Gravitational lensing

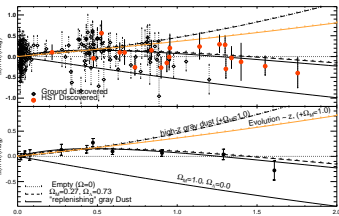


## X-rays from centers of galaxy clusters

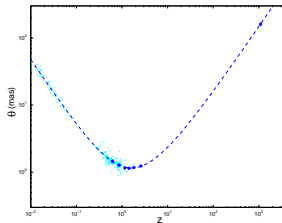
## "Bullet" cluster

# Universe content from cosmology

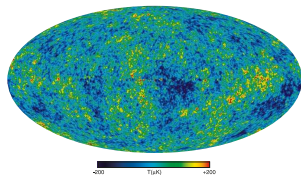
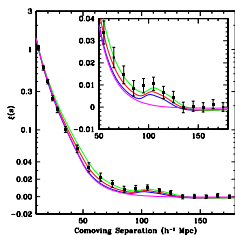
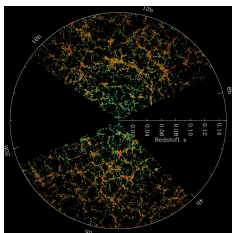
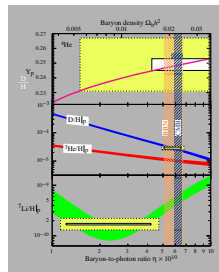
## Standard candles



## Angular distance



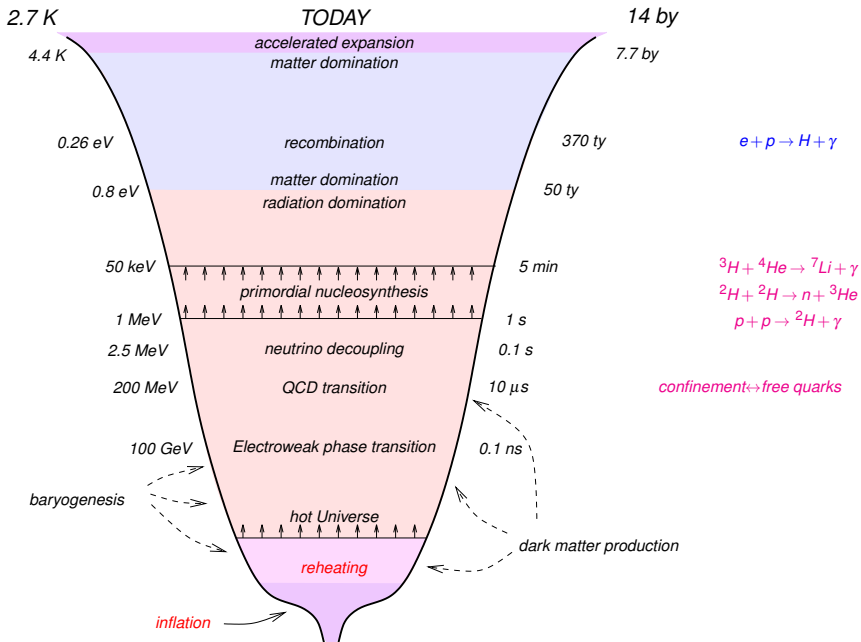
## Nucleosynthesis



Large Scale Structures

Baryon acoustic oscillations

CMB anisotropy



# Friedmann equation for the present Universe

$$H^2 \equiv \left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi}{3} G(\rho_M + \rho_{rad} + \rho_\Lambda + \rho_{curv})$$

$$\frac{8\pi}{3} G\rho_{curv} = -\frac{\varkappa}{a^2}, \quad \rho_c \equiv \frac{3}{8\pi G} H_0^2$$

$$\rho_c = \rho_{M,0} + \rho_{rad,0} + \rho_{\Lambda,0} = \rho_c = 0.53 \cdot 10^{-5} \frac{\text{GeV}}{\text{cm}^3},$$

$$\Omega_X \equiv \frac{\rho_{X,0}}{\rho_c}$$

$$\left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi}{3} G\rho_c \left[ \Omega_M \left(\frac{a_0}{a}\right)^3 + \Omega_{rad} \left(\frac{a_0}{a}\right)^4 + \Omega_\Lambda \right]$$



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## FLRW metric

$$g_{\mu\nu}$$

$$ds^2 = g_{\mu\nu} dx^\mu dx^\nu = dt^2 - a^2(t) dl^2 = dt^2 - a^2(t) \gamma_{ij} dx^i dx^j ,$$

$$H(t) = \frac{\dot{a}(t)}{a(t)}$$

Special frame: **different parts look similar**

Also this is comoving frame: **world lines of particles at rest are geodesics,**

$$\frac{du^\mu}{ds} + \Gamma_{\nu\lambda}^\mu u^\nu u^\lambda = 0$$

$$\gamma_{ij} \approx \delta_{ij}$$

# Photons in the expanding Universe

$$S = -\frac{1}{4} \int d^4x \sqrt{-g} g^{\mu\nu} g^{\lambda\rho} F_{\mu\lambda} F_{\nu\rho}$$

$$dt = a d\eta$$

conformally flat metric

$$ds^2 = dt^2 - a^2(t) \delta_{ij} dx^i dx^j \longrightarrow ds^2 = a^2(\eta) [d\eta^2 - \delta_{ij} dx^i dx^j]$$

$$S = -\frac{1}{4} \int d^4x \eta^{\mu\nu} \eta^{\lambda\rho} F_{\mu\lambda} F_{\nu\rho}, \quad A_\mu^{(\alpha)} = e_\mu^{(\alpha)} e^{ik\eta - i\mathbf{k}\mathbf{x}}, \quad k = |\mathbf{k}|$$

$$\Delta x = 2\pi/k, \quad \Delta\eta = 2\pi/k$$

$$\lambda(t) = a(t) \Delta x = 2\pi \frac{a(t)}{k}, \quad T = a(t) \Delta\eta = 2\pi \frac{a(t)}{k}$$

Redshift and the Hubble law  $\lambda_0 = \lambda_i \frac{a_0}{a(t_i)} \equiv \lambda_i(1 + z(t_i))$

$$\mathbf{p}(t) = \frac{\mathbf{k}}{a(t)}, \quad \omega(t) = \frac{k}{a(t)}$$

for not very distant objects

1 pc  $\approx$  3 ly

$$a(t_i) = a_0 - \dot{a}(t_0)(t_0 - t_i) \longrightarrow a(t_i) = a_0[1 - H_0(t_0 - t_i)]$$

$$z(t_i) = H_0(t_0 - t_i) = H_0 r, \quad z \ll 1$$

$$H_0 = h \cdot 100 \frac{\text{km}}{\text{s} \cdot \text{Mpc}}, \quad h \approx 0.68$$

similar reddening for other relativistic particles (small  $H$ ,  $\dot{H}$ , etc.)

$$\mathbf{p} = \frac{\mathbf{k}}{a(t)}$$

is true for massive particles as well

# Gas of free particles in the expanding Universe

homogeneous gas

$$dN = f(\mathbf{p}, t) d^3\mathbf{X} d^3\mathbf{p}$$

in comoving coordinates:

$$d^3\mathbf{x} = \text{const}, \quad d^3\mathbf{k} = \text{const}, \quad f(k) = \text{const}$$

$$f(k) d^3\mathbf{x} d^3\mathbf{k} = \text{const}$$

comoving volume equals physical volume

$$d^3\mathbf{x} d^3\mathbf{k} = d^3(a\mathbf{x}) d^3\left(\frac{\mathbf{k}}{a}\right) = d^3\mathbf{X} d^3\mathbf{p}$$

$$f(\mathbf{p}, t) = f(\mathbf{k}) = f[a(t) \cdot \mathbf{p}].$$

$$t = t_i : f_i(\mathbf{p}) \longrightarrow f(\mathbf{p}, t) = f_i\left(\frac{a(t)}{a(t_i)} \mathbf{p}\right)$$

Massless bosons (photons)

fermions

$$f_i(\mathbf{p}) = f_{\text{Pl}}\left(\frac{|\mathbf{p}|}{T_i}\right) = \frac{1}{(2\pi)^3} \frac{1}{e^{|\mathbf{p}|/T_i} - 1}$$

$$f(\mathbf{p}, t) = f_{\text{Pl}}\left(\frac{a(t)|\mathbf{p}|}{a_i T_i}\right) = f_{\text{Pl}}\left(\frac{|\mathbf{p}|}{T_{\text{eff}}(t)}\right)$$

$$T_{\text{eff}}(t) = \frac{a_i}{a(t)} T_i$$

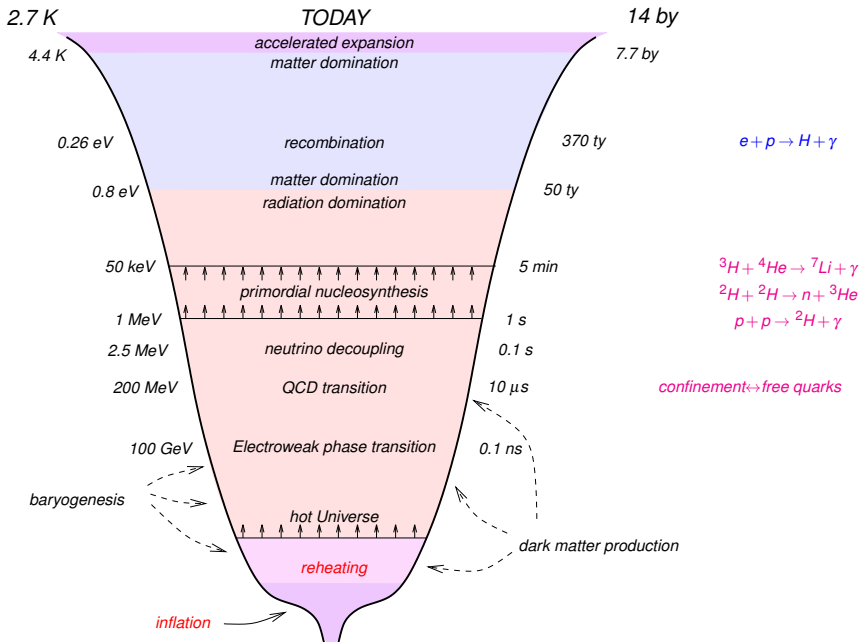
decoupling at  $T \gg m$  :

neutrinos, hot(warm) dark matter

$$\text{decoupling at } T \ll m : f(\mathbf{p}) = \frac{1}{(2\pi)^3} \exp\left(-\frac{m - \mu_i}{T_i}\right) \exp\left(-\frac{a^2(t)\mathbf{p}^2}{2ma_i^2 T_i}\right)$$

$$f(\mathbf{p}, t) = \frac{1}{(2\pi)^3} \exp\left(-\frac{m - \mu_{\text{eff}}}{T_{\text{eff}}}\right) \exp\left(-\frac{\mathbf{p}^2}{2mT_{\text{eff}}}\right)$$

$$T_{\text{eff}}(t) = \left(\frac{a_i}{a(t)}\right)^2 T_i, \quad \frac{m - \mu_{\text{eff}}(t)}{T_{\text{eff}}} = \frac{m - \mu_i}{T_i}$$



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# Einstein equations

$T_{\mu\nu}$ : macroscopic description

$$T_{\mu\nu} = (\rho + p)u_\mu u_\nu - g_{\mu\nu}p$$

$$\frac{1}{2} \int d^4x \sqrt{-g} T_{\mu\nu} \delta g^{\mu\nu}$$

ideal fluid with  $\rho(t)$  and  $p(t)$

in the comoving frame  $u^0 = 1, \mathbf{u} = 0$

(almost) always works

$$T_\mu^\nu = \text{diag}(\rho, -p)$$

$$ds^2 = dt^2 - a^2(t) \gamma_{ij} dx^i dx^j,$$

$$S_{EH} = -\frac{1}{16\pi G} \int d^4x \sqrt{-g} R : R_{\mu\nu} - \frac{1}{2} g_{\mu\nu} R = 8\pi G T_{\mu\nu}$$

$$(00) : \left( \frac{\dot{a}}{a} \right)^2 = \frac{8\pi}{3} G\rho - \frac{\kappa}{a^2}$$

Friedmann equation (00) : 
$$\left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi}{3} G\rho - \frac{\kappa}{a^2}$$

$$\nabla_{\mu} T^{\mu 0} = 0 \longrightarrow \dot{\rho} + 3\frac{\dot{a}}{a}(\rho + p) = 0$$

the equation of state

$$p = p(\rho)$$

many-component liquid,  
in case of thermal equilibrium

other equations

$$-3d(\ln a) = \frac{d\rho}{\rho + p} = d(\ln s)$$

entropy of cosmic primordial plasma is conserved in a comoving frame

$$sa^3 = \text{const}$$

# Examples of cosmological solutions

$$\kappa = 0 \qquad \left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi}{3}G\rho$$

dust:

$$\rho = 0$$

singular at  $t = t_s$ 

$$\rho = \frac{\text{const}}{a^3}, \quad a(t) = \text{const} \cdot (t - t_s)^{2/3}, \quad \rho(t) = \frac{\text{const}}{(t - t_s)^2}$$



$$t_s = 0, \quad H(t) = \frac{\dot{a}}{a}(t) = \frac{2}{3t}, \quad \rho = \frac{3}{8\pi G}H^2 = \frac{1}{6\pi G} \frac{1}{t^2}$$

the Universe is too young

$$t_0 = \frac{2}{3H_0} = 0.9 \times 10^{10} \text{ yr} \quad (h = 0.7)$$

# Cosmological (particle) horizon $l_H(t)$

distance covered by photons emitted at  $t = 0$

the size of causally-connected region — the size of the visible part of the Universe

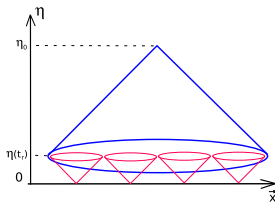
in conformal coordinates:

$$ds^2 = 0 \longrightarrow |d\mathbf{x}| = d\eta$$

coordinate size of the horizon equals

$$\eta(t) = \int d\eta$$

$$l_H(t) = a(t)\eta(t) = a(t) \int_0^t \frac{dt'}{a(t')}$$



dust

$$l_H(t) = 3t = \frac{2}{H(t)}, \quad l_{H,0} = 2.6 \times 10^{28} \text{ cm} \quad (h = 0.7)$$

# Examples of cosmological solutions

radiation:

$$\rho = \frac{1}{3}\rho$$

singular at  $t = t_s$ 

$$\rho = \frac{\text{const}}{a^4}, \quad a(t) = \text{const} \cdot (t - t_s)^{1/2}, \quad \rho(t) = \frac{\text{const}}{(t - t_s)^2}$$



$$t_s = 0, \quad H(t) = \frac{\dot{a}}{a}(t) = \frac{1}{2t}, \quad \rho = \frac{3}{8\pi G} H^2 = \frac{3}{32\pi G} \frac{1}{t^2}$$

$$l_H(t) = a(t) \int_0^t \frac{dt'}{a(t')} = 2t = \frac{1}{H(t)}.$$

In case of thermal equilibrium

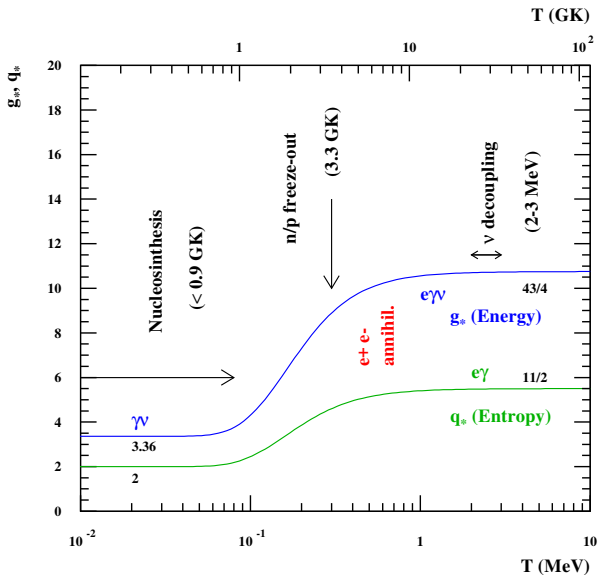
$$T = \text{const}/a$$

$$\rho_b = \frac{\pi^2}{30} g_b T^4, \quad \rho_f = \frac{7}{8} \frac{\pi^2}{30} g_f T^4$$

$$\rho = \frac{\pi^2}{30} g_* T^4, \quad g_* = \sum_b g_b + \frac{7}{8} \sum_f g_f = g_*(T)$$

# Evolution of energy and entropy densities

1707.01004



# Examples of cosmological solutions

vacuum:

$$T_{\mu\nu} = \rho_{vac}\eta_{\mu\nu}$$

$$p = -\rho$$

$$S_G = -\frac{1}{16\pi G} \int R\sqrt{-g}d^4x, \quad S_\Lambda = -\Lambda \int \sqrt{-g}d^4x.$$

$$a = \text{const} \cdot e^{H_{ds}t}, \quad H_{ds} = \sqrt{\frac{8\pi}{3} G\rho_{vac}}$$

de Sitter space: space-time of constant curvature

$$ds^2 = dt^2 - e^{2H_{ds}t} d\mathbf{x}^2$$

$$\ddot{a} > 0,$$

no initial singularity

$$ds^2 = dt^2 - e^{2H_{dS}t} d\mathbf{x}^2$$

no cosmological horizon:  $l_H(t) = e^{H_{dS}t} \int_{-\infty}^t dt' e^{-H_{dS}t'} = \infty$

de Sitter (events) horizon ( $\mathbf{x} = 0, t$ ):

from which distance  $l(t)$  one can detect light emitted at  $t$ ?

in conformal coordinates:  $ds^2 = 0 \longrightarrow |d\mathbf{x}| = d\eta$

coordinate size:  $\eta(t \rightarrow \infty) - \eta(t) = \int_t^\infty \frac{dt'}{a(t')}$

physical size:  $l_{dS} = a(t) \int_t^\infty \frac{dt'}{a(t')} = \frac{1}{H_{dS}}$

observer will never be informed what happens at distances larger than

$$l_{dS} = H_{dS}^{-1}$$

Our future? with  $H_{dS} = 0.8 \times H_0$



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# Friedmann equation for the present Universe

$$H^2 \equiv \left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi}{3} G(\rho_M + \rho_{rad} + \rho_\Lambda + \rho_{curv})$$

$$\frac{8\pi}{3} G\rho_{curv} = -\frac{\varkappa}{a^2}, \quad \rho_c \equiv \frac{3}{8\pi G} H_0^2$$

$$\rho_c = \rho_{M,0} + \rho_{rad,0} + \rho_{\Lambda,0} = \rho_c = 0.52 \cdot 10^{-5} \frac{\text{GeV}}{\text{cm}^3}, \quad \text{for } h = 0.7$$

$$\Omega_X \equiv \frac{\rho_{X,0}}{\rho_c}$$

$$\left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi}{3} G\rho_c \left[ \Omega_M \left(\frac{a_0}{a}\right)^3 + \Omega_{rad} \left(\frac{a_0}{a}\right)^4 + \Omega_\Lambda + \Omega_{curv} \left(\frac{a_0}{a}\right)^2 \right]$$

# Homogeneous and isotropic 3d manifolds

$$dl^2 = d\rho^2 + r^2(\rho)(d\theta^2 + \sin^2 \theta d\phi^2)$$

$$r(\rho) = \begin{cases} R \sin(\rho/R), & \text{3-sphere} \\ \rho, & \text{3-plane} \\ R \sinh(\rho/R), & \text{3-hyperboloid} \end{cases}$$

$\rho$  is a geodesic distance;

$$S = 4\pi r^2(\rho);$$

$$\Delta\theta = \frac{1}{r(\rho)}$$

$$d\rho^2 = \frac{dr^2}{\cosh^2 \frac{\rho}{R}} = \frac{dr^2}{1 + \frac{r^2}{R^2}}$$

$$d\rho^2 = \frac{dr^2}{\cos^2 \frac{\rho}{R}} = \frac{dr^2}{1 - \frac{r^2}{R^2}}$$

$$dl^2 = \frac{dr^2}{1 - \kappa \frac{r^2}{R^2}} + r^2(d\theta^2 + \sin^2 \theta d\phi^2)$$

# Brightness–redshift dependence in the Universe

$$ds^2 = dt^2 - a^2(t) \left[ d\chi^2 + \sinh^2 \chi \left( d\theta^2 + \sin^2 \theta d\phi^2 \right) \right]$$

coordinate distance  $\rho/R \rightarrow \chi = \int_{t_i}^{t_0} \frac{dt}{a(t)}$   $z(t) = \frac{a_0}{a(t)} - 1$

$$\chi(z) = \int_0^z \frac{dz'}{a_0 H_0 \sqrt{\Omega_M (z'+1)^3 + \Omega_\Lambda + \Omega_{curv} (z'+1)^2}}$$

$$a_0^2 H_0^2 \Omega_{curv} = 1, \quad \Omega_M + \Omega_\Lambda + \Omega_{curv} = 1$$

$$S(z) = 4\pi r^2(z), \quad r(z) = a_0 \sinh \chi(z)$$

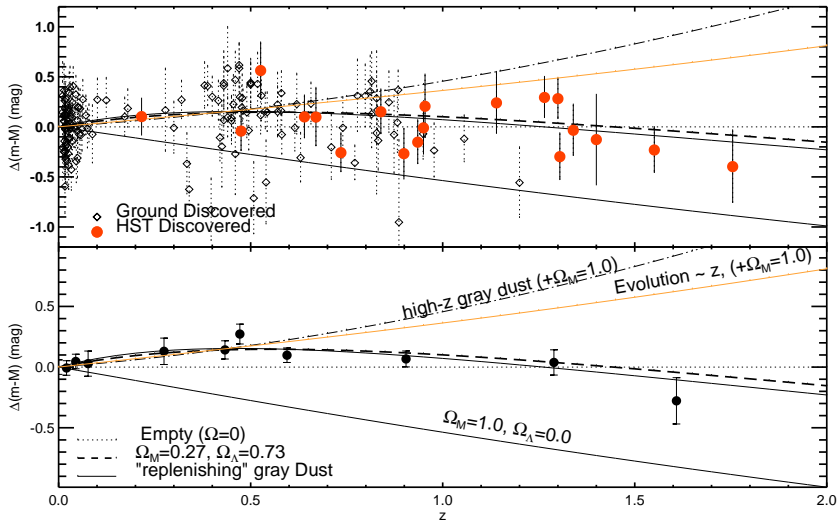
detector:  $N_\gamma \propto S^{-1}$ ,  $\omega = \omega_i / (1+z)$ ,  $dt_0 = (1+z) dt_i$

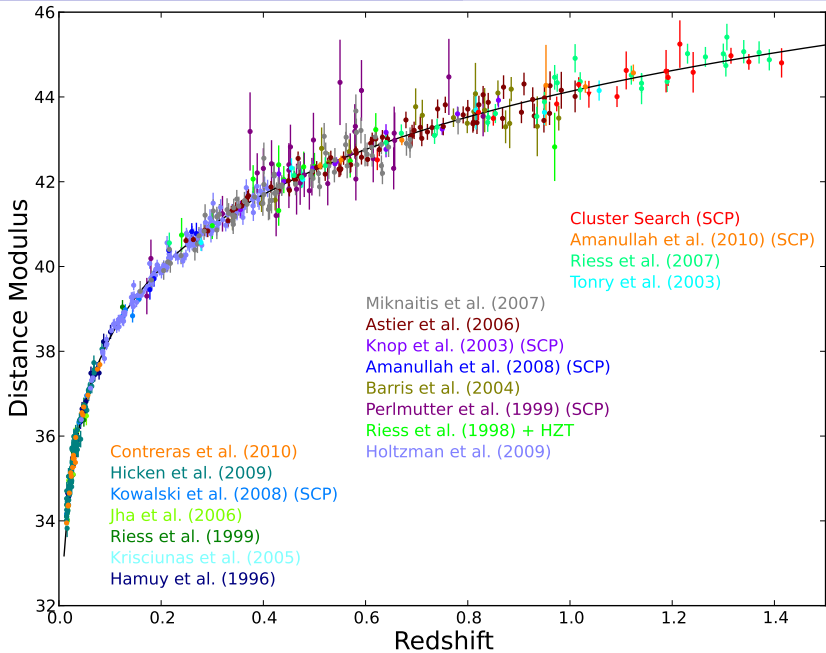
hence the brightness (energy flux measured by a detector) is

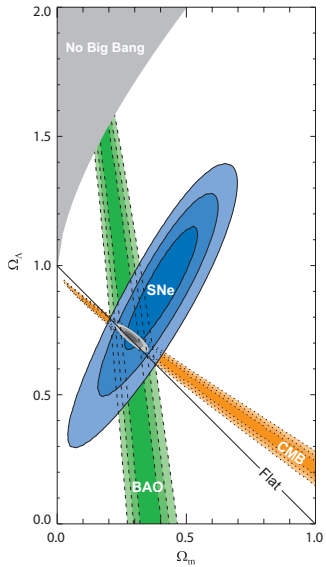
$$J = \frac{L}{(1+z)^2 S(z)} \equiv \frac{L}{4\pi r_{ph}^2}, \quad r_{ph} = (1+z) \cdot r(z)$$

# Brightness–redshift dependence: SNe Ia

$$\Delta(m-M) = 5 \log \frac{r_{ph}}{r_{ph}(\Omega_C = 0.8, \Omega_M = 0.2)}$$







Last scattering:  $\gamma e \rightarrow \gamma e$ 

$$\sigma_T = \frac{8\pi}{3} \frac{\alpha^2}{m_e^2} \approx 0.67 \cdot 10^{-24} \text{ cm}^2, \quad \tau_\gamma = \frac{1}{\sigma_T \cdot n_e(T)}$$

last scattering:

$$\tau_\gamma(T_f) \simeq H^{-1}(T_f) \simeq t_f$$

$$T_f = 0.26 \text{ eV}, \quad z = 1100, \quad t_f = 370\,000 \text{ yr}$$

for general processes one should solve kinetic equations

$$\frac{dn_{X_i}}{dt} + 3Hn_{X_i} = \int (\text{production} - \text{destruction})$$

Boltzmann equation in a comoving volume:  $\frac{d}{dt} (n a^3) = a^3 \int \dots$



# Recombination: horizon

matter domination:

$$l_{H,r} = 2H_r^{-1}$$

$$H_r^2 = \frac{8\pi}{3} G\rho_M(t_r) = \frac{8\pi}{3} G\rho_{M,0} \left(\frac{a_0}{a_r}\right)^3 = \frac{8\pi}{3} G\rho_c \Omega_{M,0} (1+z_r)^3.$$

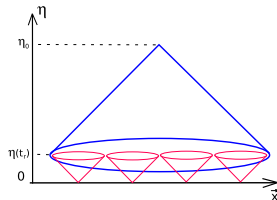
at recombination:

$$l_{H,r} = \frac{2}{H_0 \sqrt{\Omega_M}} \frac{1}{(1+z_r)^{3/2}}$$

today:

$$l_{H,r}(t_0) = l_{H,r} \times \frac{a_0}{a_r} = \frac{2}{H_0 \sqrt{\Omega_M}} \frac{1}{\sqrt{1+z_r}}$$

$$\frac{l_{H_0}}{l_{H,r}(t_0)} \sim \sqrt{1+z_r} \simeq 30$$



# Recombination: angle

angular distance:  $d_{ph} = r_a(z) \Delta\theta$

$$\chi_r = \int_{t_r}^{t_0} \frac{dt}{a(t)}, \quad \Delta\theta_r = \frac{l_{H,r}}{r_a(z_r)}$$

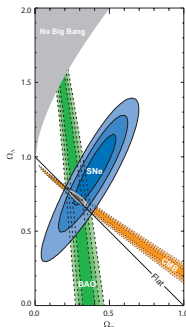
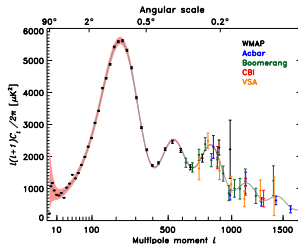
$$d_{conf} = \sinh \chi_r \Delta\theta$$

$$r_a(z_r) = (1+z_r)^{-1} \cdot a_0 \cdot \sinh \chi_r$$

$$\Delta\theta_r = \frac{1}{\sqrt{z_r+1}}, \quad \Omega_{curv} = \Omega_\Lambda = 0.$$

$$\Delta\theta_r = \frac{1}{\sqrt{z_r+1}} \frac{2\sqrt{\Omega_{curv}/\Omega_M}}{\sinh\left(2\sqrt{\Omega_{curv}/\Omega_M} l\right)}.$$

$$l = \int_0^1 \frac{dy}{\sqrt{1 + \frac{\Omega_\Lambda}{\Omega_M} y^6}}$$

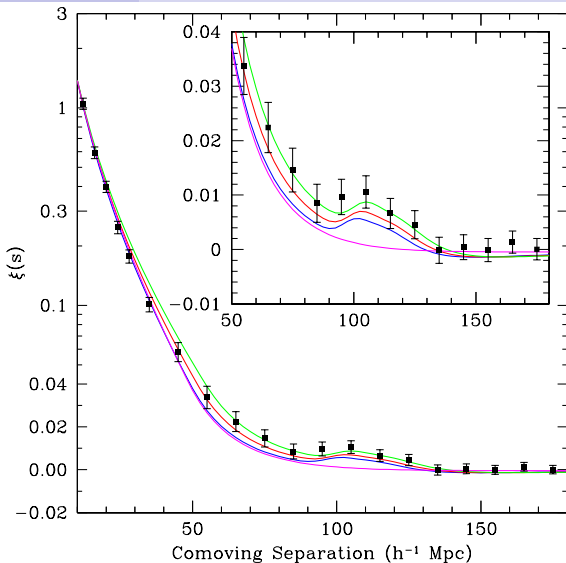
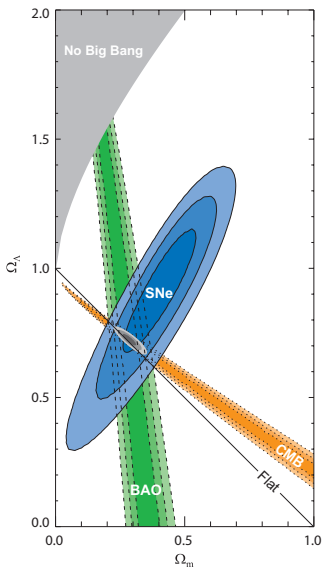


Acoustic oscillations in relativistic plasma:  
What matters is the **sound horizon**:

$$l_{s,r} = l_{H,r} \cdot v_s \approx l_{H,r} / \sqrt{3}$$

Then  $\Delta\theta_{r,s} =$

$$\frac{1}{\sqrt{3}} \frac{1}{\sqrt{1+z}} \times \frac{180^\circ}{\pi} \simeq 1^\circ$$



$$110/0.7 \text{ Mpc} \simeq I_{H,r}(t_0) \times \sqrt{v_s^2} \simeq I_{H_0}/\sqrt{3}/\sqrt{1+z_r}$$