

Inflation and reheating in the early Universe

Lecture #2

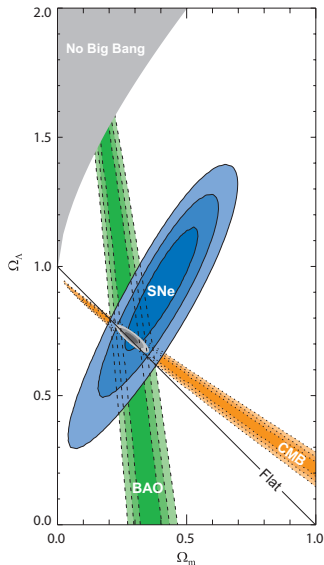
Introduction: observables in Hot Big Bang Theory

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BASIS School
**“Quantum fields:
from gravity and cosmology
to physics of condensed matter”**
Velich country club, Moscow region, Russia

Astrophysical and cosmological data are in agreement



$$\left(\frac{\dot{a}}{a}\right)^2 = H^2(t) = \frac{8\pi}{3} G \rho_{\text{density}}^{\text{energy}}$$

$$\rho_{\text{density}}^{\text{energy}} = \rho_{\text{radiation}} + \rho_{\text{matter}}^{\text{ordinary}} + \rho_{\text{matter}}^{\text{dark}} + \rho_{\Lambda}$$

$$\rho_{\text{radiation}} \propto 1/a^4(t) \propto T^4(t), \quad \rho_{\text{matter}} \propto 1/a^3(t)$$

$$\rho_{\Lambda} = \text{const}$$

$$\frac{3H_0^2}{8\pi G} = \rho_{\text{density}}^{\text{energy}}(t_0) \equiv \rho_c \approx 0.53 \times 10^{-5} \frac{\text{GeV}}{\text{cm}^3}$$

radiation:

$$\Omega_{\gamma} \equiv \frac{\rho_{\gamma}}{\rho_c} = 0.5 \times 10^{-4}$$

Baryons (H, He):

$$\Omega_B \equiv \frac{\rho_B}{\rho_c} = 0.05$$

Neutrino:

$$\Omega_{\nu} \equiv \frac{\sum \rho_{\nu_i}}{\rho_c} < 0.01$$

Dark matter:

$$\Omega_{\text{DM}} \equiv \frac{\rho_{\text{DM}}}{\rho_c} = 0.27$$

Dark energy:

$$\Omega_{\Lambda} \equiv \frac{\rho_{\Lambda}}{\rho_c} = 0.68$$

Why do we need dark components (within GR)?

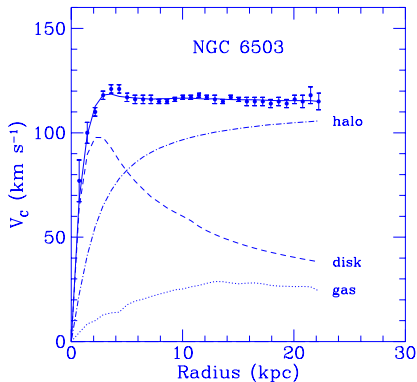
- **Astrophysical data favor Dark Matter**
 - ▶ Observations in galaxies
 - ▶ Observations in galaxy clusters
- **Cosmological data favor Dark Matter and Dark Energy**
 - ▶ Observation of objects at cosmological distances (far=early)
 - ▶ Baryonic Acoustic (Sakharov) Oscillations (BAO) in two-point galaxy correlation function
 - ▶ Evolution of galaxy clusters in the Universe
 - ▶ Anisotropy of Cosmic Microwave Background (CMB)

Galactic dark halos:

flat rotation curves

$$v(R) = \sqrt{G \frac{M(R)}{R}}$$

$$M(R) = 4\pi \int_0^R \rho(r) r^2 dr$$



observations:

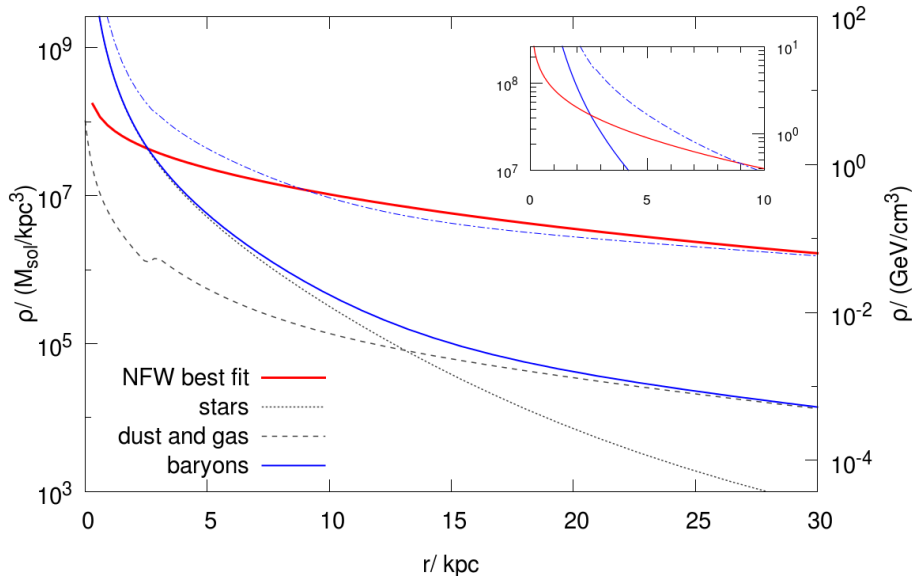
$$v(R) \simeq \text{const}$$

visible matter:

internal regions $v(R) \propto \sqrt{R}$
 external ("empty") regions $v(R) \propto 1/\sqrt{R}$

Matter distribution in the Milky Way

1706.09850



Dark Matter in clusters

X-rays from hot gas in clusters

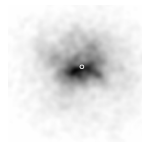
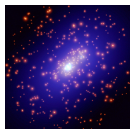
$$\frac{dP}{dR} = -\mu n_e(R) m_p \frac{GM(R)}{R^2}, \quad M(R) = 4\pi \int_0^R \rho(r) r^2 dr, \quad P(R) = n_e(R) T_e(R)$$

galaxies in clusters

virial theorem

$$U + 2E_k = 0$$

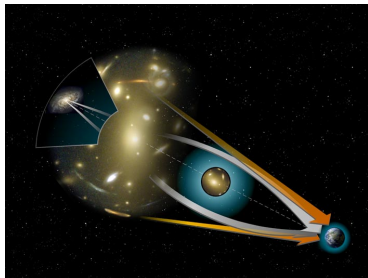
$$3M \langle v_r^2 \rangle = G \frac{M^2}{R}$$



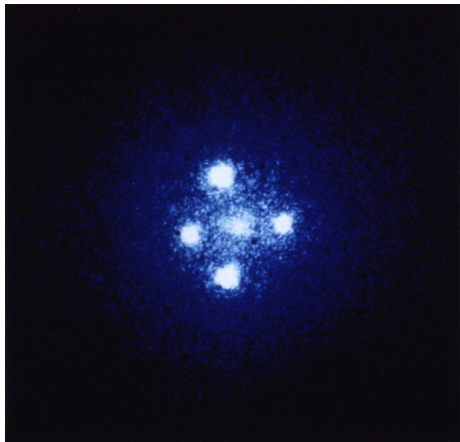
Milky Way: Virgo infall

Gravitational lensing in GR:

$$\alpha = 4GM/(c^2 b)$$

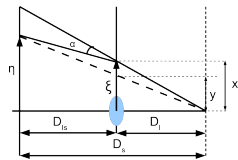


Einstein Cross



source: quasar $D_s = 2.4$ Gpc

lens: galaxy $D_l = 120$ Mpc



$$\vec{\eta} = \frac{D_s}{D_l} \vec{\xi} - D_{ls} \vec{\alpha}(\vec{\xi})$$

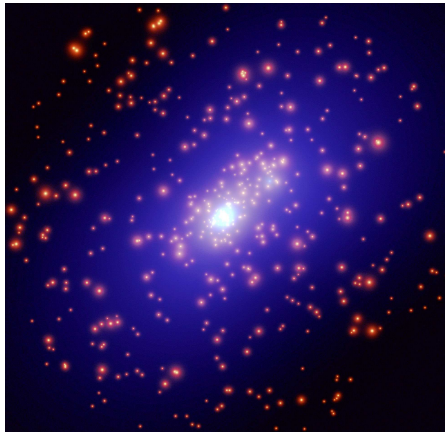
common lens
with specific
refraction
coefficient

$$\vec{\alpha}(\vec{\xi}) = \frac{4G}{c} \int \frac{\vec{\xi} - \vec{\xi}'}{|\vec{\xi} - \vec{\xi}'|^2} d^2 \xi' \int \rho(\vec{\xi}', z) dz$$

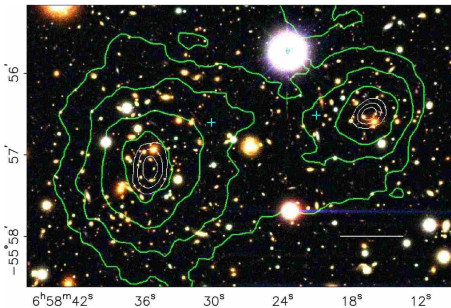
Dark Matter in clusters

gravitational lensing

$$\rho_B \approx 0.25\rho_{DM}$$



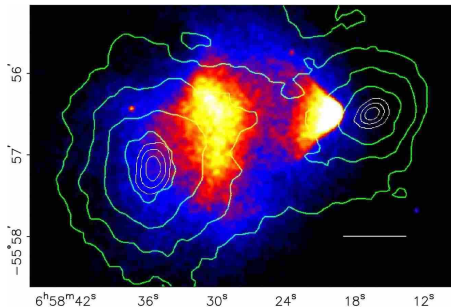
Colliding clusters (Bullet clusters 1E0657-558)



gravitational lensing

scale is 200 kpc

clusters are at 1.5 Gpc



Observations in X-rays

$M \simeq 10 \times m$

Dark Matter Properties

$$p = 0$$

(If) particles:

- 1 **stable** on cosmological time-scale
- 2 **nonrelativistic** long before RD/MD-transition (either **Cold** or **Warm**, $v_{RD/MD} \lesssim 10^{-3}$)
- 3 (almost) **collisionless**
- 4 (almost) electrically **neutral**

If were in **thermal equilibrium**:

$$M_x \gtrsim 1 \text{ keV}$$

If not:

for bosons

$$\lambda = 2\pi/(M_x v_x), \text{ in a galaxy } v_x \sim 0.5 \cdot 10^{-3} \rightarrow M_x \gtrsim 3 \cdot 10^{-22} \text{ eV}$$

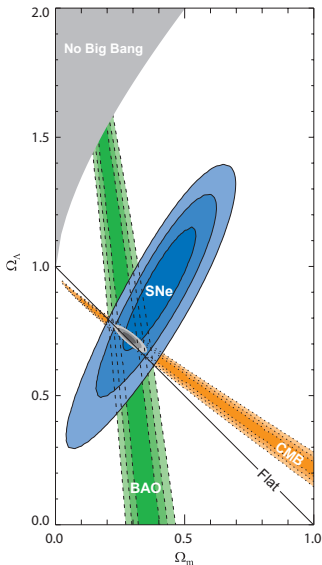
for fermions

Pauli blocking:

$$M_x \gtrsim 750 \text{ eV}$$

$$f(\mathbf{p}, \mathbf{x}) = \frac{\rho_x(\mathbf{x})}{M_x} \cdot \frac{1}{\left(\sqrt{2\pi} M_x v_x\right)^3} \cdot e^{-\frac{p^2}{2M_x^2 v_x^2}} \Bigg|_{\mathbf{p}=0} \leq \frac{g_x}{(2\pi)^3}$$

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$$\rho_{\text{density}}^{\text{energy}} = \rho_{\text{radiation}} + \rho_{\text{matter}}^{\text{ordinary}} + \rho_{\text{matter}}^{\text{dark}} + \rho_\Lambda$$

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Determination of $a(t)$ reveals the composition of the present Universe

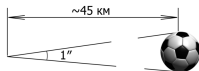
$$\Delta s^2 = c^2 \Delta t^2 - a^2(t) \Delta \vec{x}^2 \rightarrow ds^2 = g_{\mu\nu} dx^\mu dx^\nu$$

How do we check it?

Light propagation changes...
by measuring distance L to an object!

- Measuring angular size θ of an object of known size d

$$\theta = \frac{d}{L}$$



single-type galaxies

- Measuring angular size $\theta(t)$ corresponding to physical size $d(t)$ with known evolution
 - BAO in galaxy distribution
 - lensing of CMB anisotropy

$$\theta(t) = \frac{d(t)}{L}$$



- Measuring brightness J of an object of known luminosity F

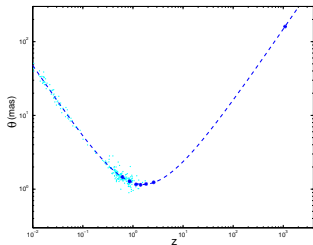
$$J = \frac{F}{4\pi L^2}$$

“standard candles”

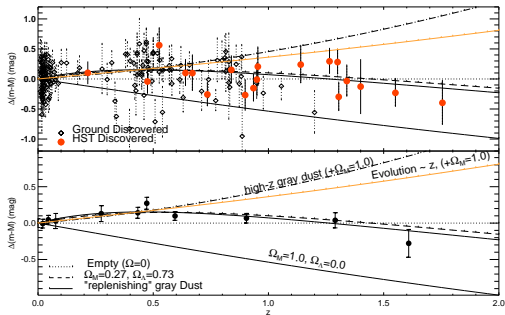
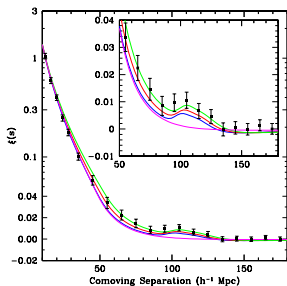


In the expanding Universe all these laws get modified

Results of distance measurements



$$\Delta(m-M) = 5 \log \frac{r_{ph}}{r_{ph}(\Omega_c = 0.8, \Omega_M = 0.2)}$$



Key observable: matter perturbations

- CMB is isotropic, but “up to corrections, of course...”

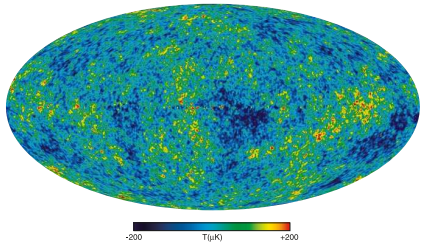
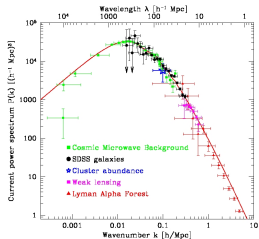
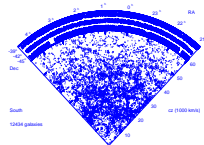
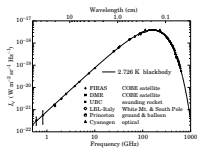
- 1 Earth movement with respect to CMB

$$\frac{\Delta T_{\text{dipole}}}{T} \sim 10^{-3}$$

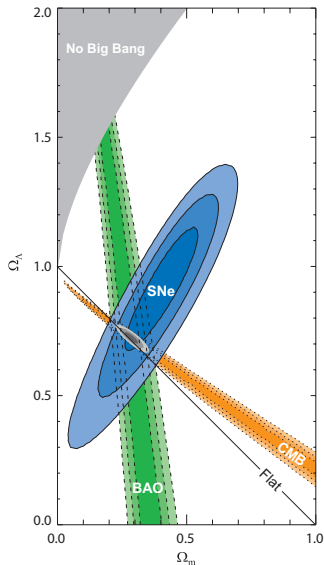
- 2 More complex anisotropy!

$$\frac{\Delta T}{T} \sim 10^{-4} - 10^{-5}$$

- There were matter inhomogenities $\Delta\rho/\rho \sim \Delta T/T$ at the stage of recombination ($e + p \rightarrow \gamma + H^*$)
- Jeans instability in the system of gravitating particles at rest $\Rightarrow \Delta\rho/\rho \nearrow \Rightarrow$ galaxies (CDM halos)



Dark Energy: nonclumping matter?



- estimates of Matter contribution confined in galaxies and clusters
 $\rho_c - \rho_M \neq 0$ but the Universe is flat, so $\rho_{curv} \simeq 0$
- corrections to the Hubble law : red shift – brightness curves for standard candles (SN Ia)
- The age of the Universe
- CMB anisotropy, large scale structures (galaxy clusters formation), etc

$$\rho_\Lambda = 0.68\rho_c$$

$$\rho_\Lambda \sim 10^{-5} \text{ GeV/cm}^3 \sim (10^{-11.5} \text{ GeV})^4$$

Dark Energy: all evidences are from cosmology

Working hypothesis is cosmological constant $\Lambda \approx (2.5 \times 10^{-3} \text{ eV})^4$:
 $\rho = w(t)\rho$, $w = \text{const} = -1$, $\rho = \Lambda$

$$S_\Lambda = -\Lambda \int d^4x \sqrt{-\det g_{\mu\nu}}$$

both parts contribute

$$S_{\text{grav}} = -\frac{1}{16\pi G} \int d^4x \sqrt{-\det g_{\mu\nu}} R ,$$

$$S_{\text{matter}} = \int d^4x \sqrt{-\det g_{\mu\nu}} \left(\frac{1}{2} g^{\lambda\rho} \partial_\lambda \phi \partial_\rho \phi - V(\phi) \right)$$

natural values

$$\Lambda_{\text{grav}} \sim 1/G^2 \sim (10^{19} \text{ GeV})^4 , \quad \Lambda_{\text{matter}} \sim V(\phi_{\text{vac}}) \sim (100 \text{ GeV})^4 , (100 \text{ MeV})^4 , \dots$$

Why Λ is small?

Why $\Lambda \sim \rho_{\text{matter}}$?

Why $\rho_B \sim \rho_{DM} \sim \rho_\Lambda$ today?

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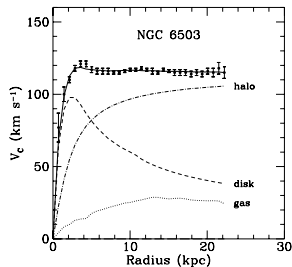
$$\rho_{\Lambda} = \text{const}$$

Why do we think it is most probably new particle physics
(new gravity if any is not enough) ?

DM at various spatial scales, BAU requires baryon number violation

Universe content from astrophysics

Rotational curves



Gravitational lensing

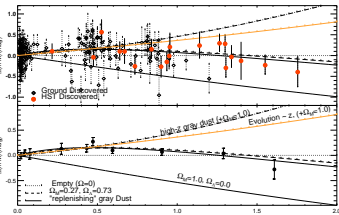


X-rays from centers of galaxy clusters

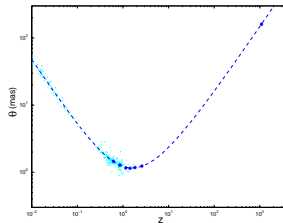
“Bullet” cluster

Universe content from cosmology

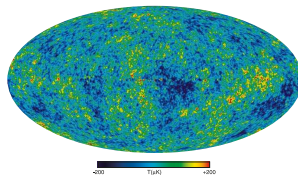
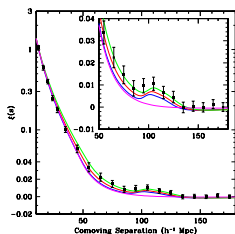
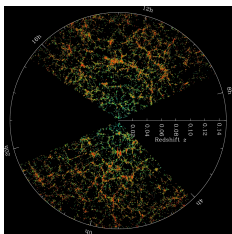
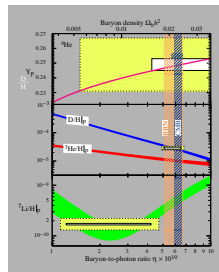
Standard candles



Angular distance



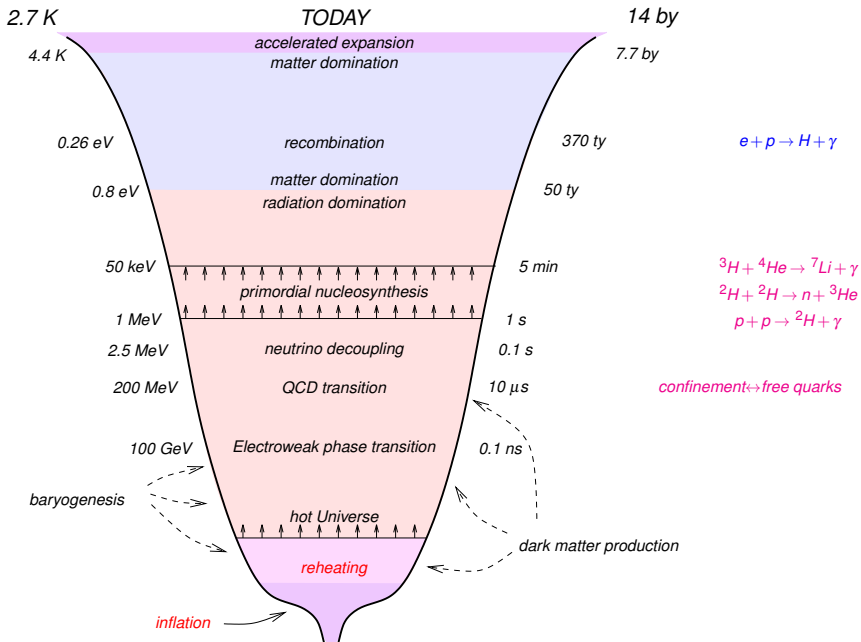
Nucleosynthesis



Large Scale Structures

Baryon acoustic oscillations

CMB anisotropy



Friedmann equation for the present Universe

$$H^2 \equiv \left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi}{3} G(\rho_M + \rho_{rad} + \rho_\Lambda + \rho_{curv})$$

$$\frac{8\pi}{3} G\rho_{curv} = -\frac{\varkappa}{a^2}, \quad \rho_c \equiv \frac{3}{8\pi G} H_0^2$$

$$\rho_c = \rho_{M,0} + \rho_{rad,0} + \rho_{\Lambda,0} = \rho_c = 0.53 \cdot 10^{-5} \frac{\text{GeV}}{\text{cm}^3},$$

$$\Omega_X \equiv \frac{\rho_{X,0}}{\rho_c}$$

$$\left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi}{3} G\rho_c \left[\Omega_M \left(\frac{a_0}{a}\right)^3 + \Omega_{rad} \left(\frac{a_0}{a}\right)^4 + \Omega_\Lambda \right]$$

FLRW metric

$$g_{\mu\nu}$$

$$ds^2 = g_{\mu\nu} dx^\mu dx^\nu = dt^2 - a^2(t) dl^2 = dt^2 - a^2(t) \gamma_{ij} dx^i dx^j ,$$

$$H(t) = \frac{\dot{a}(t)}{a(t)}$$

Special frame: **different parts look similar**

Also this is comoving frame: **world lines of particles at rest are geodesics,**

$$\frac{du^\mu}{ds} + \Gamma_{\nu\lambda}^\mu u^\nu u^\lambda = 0$$

$$\gamma_{ij} \approx \delta_{ij}$$

Photons in the expanding Universe

$$S = -\frac{1}{4} \int d^4x \sqrt{-g} g^{\mu\nu} g^{\lambda\rho} F_{\mu\lambda} F_{\nu\rho}$$

$$dt = a d\eta$$

conformally flat metric

$$ds^2 = dt^2 - a^2(t) \delta_{ij} dx^i dx^j \longrightarrow ds^2 = a^2(\eta) [d\eta^2 - \delta_{ij} dx^i dx^j]$$

$$S = -\frac{1}{4} \int d^4x \eta^{\mu\nu} \eta^{\lambda\rho} F_{\mu\lambda} F_{\nu\rho}, \quad A_\mu^{(\alpha)} = e_\mu^{(\alpha)} e^{ik\eta - i\mathbf{k}\mathbf{x}}, \quad k = |\mathbf{k}|$$

$$\Delta x = 2\pi/k, \quad \Delta\eta = 2\pi/k$$

$$\lambda(t) = a(t) \Delta x = 2\pi \frac{a(t)}{k}, \quad T = a(t) \Delta\eta = 2\pi \frac{a(t)}{k}$$

Redshift and the Hubble law $\lambda_0 = \lambda_i \frac{a_0}{a(t_i)} \equiv \lambda_i(1 + z(t_i))$

$$\mathbf{p}(t) = \frac{\mathbf{k}}{a(t)}, \quad \omega(t) = \frac{k}{a(t)}$$

for not very distant objects

1 pc \approx 3 ly

$$a(t_i) = a_0 - \dot{a}(t_0)(t_0 - t_i) \longrightarrow a(t_i) = a_0[1 - H_0(t_0 - t_i)]$$

$$z(t_i) = H_0(t_0 - t_i) = H_0 r, \quad z \ll 1$$

$$H_0 = h \cdot 100 \frac{\text{km}}{\text{s} \cdot \text{Mpc}}, \quad h \approx 0.68$$

similar reddening for other relativistic particles (small H , \dot{H} , etc.)

$$\mathbf{p} = \frac{\mathbf{k}}{a(t)}$$

is true for massive particles as well

Gas of free particles in the expanding Universe

homogeneous gas

$$dN = f(\mathbf{p}, t) d^3\mathbf{X} d^3\mathbf{p}$$

in comoving coordinates:

$$d^3\mathbf{x} = \text{const}, \quad d^3\mathbf{k} = \text{const}, \quad f(k) = \text{const}$$

$$f(k) d^3\mathbf{x} d^3\mathbf{k} = \text{const}$$

comoving volume equals physical volume

$$d^3\mathbf{x} d^3\mathbf{k} = d^3(a\mathbf{x}) d^3\left(\frac{\mathbf{k}}{a}\right) = d^3\mathbf{X} d^3\mathbf{p}$$

$$f(\mathbf{p}, t) = f(\mathbf{k}) = f[a(t) \cdot \mathbf{p}].$$

$$t = t_i : f_i(\mathbf{p}) \longrightarrow f(\mathbf{p}, t) = f_i\left(\frac{a(t)}{a(t_i)} \mathbf{p}\right)$$

Massless bosons (photons)

fermions

$$f_i(\mathbf{p}) = f_{\text{Pl}}\left(\frac{|\mathbf{p}|}{T_i}\right) = \frac{1}{(2\pi)^3} \frac{1}{e^{|\mathbf{p}|/T_i} - 1}$$

$$f(\mathbf{p}, t) = f_{\text{Pl}}\left(\frac{a(t)|\mathbf{p}|}{a_i T_i}\right) = f_{\text{Pl}}\left(\frac{|\mathbf{p}|}{T_{\text{eff}}(t)}\right)$$

$$T_{\text{eff}}(t) = \frac{a_i}{a(t)} T_i$$

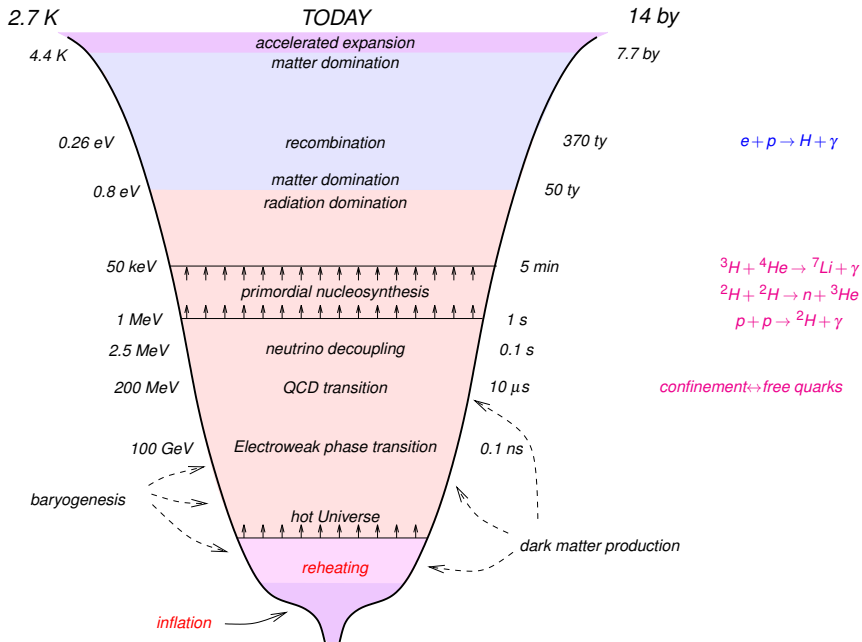
decoupling at $T \gg m$:

neutrinos, hot(warm) dark matter

$$\text{decoupling at } T \ll m : f(\mathbf{p}) = \frac{1}{(2\pi)^3} \exp\left(-\frac{m - \mu_i}{T_i}\right) \exp\left(-\frac{a^2(t)\mathbf{p}^2}{2ma_i^2 T_i}\right)$$

$$f(\mathbf{p}, t) = \frac{1}{(2\pi)^3} \exp\left(-\frac{m - \mu_{\text{eff}}}{T_{\text{eff}}}\right) \exp\left(-\frac{\mathbf{p}^2}{2mT_{\text{eff}}}\right)$$

$$T_{\text{eff}}(t) = \left(\frac{a_i}{a(t)}\right)^2 T_i, \quad \frac{m - \mu_{\text{eff}}(t)}{T_{\text{eff}}} = \frac{m - \mu_i}{T_i}$$



Einstein equations

$T_{\mu\nu}$: macroscopic description

$$T_{\mu\nu} = (\rho + p)u_\mu u_\nu - g_{\mu\nu}p$$

$$\frac{1}{2} \int d^4x \sqrt{-g} T_{\mu\nu} \delta g^{\mu\nu}$$

ideal fluid with $\rho(t)$ and $p(t)$

in the comoving frame $u^0 = 1, \mathbf{u} = 0$

(almost) always works

$$T_\mu^\nu = \text{diag}(\rho, -p)$$

$$ds^2 = dt^2 - a^2(t) \gamma_{ij} dx^i dx^j,$$

$$S_{EH} = -\frac{1}{16\pi G} \int d^4x \sqrt{-g} R : R_{\mu\nu} - \frac{1}{2} g_{\mu\nu} R = 8\pi G T_{\mu\nu}$$

$$(00) : \left(\frac{\dot{a}}{a} \right)^2 = \frac{8\pi}{3} G\rho - \frac{\kappa}{a^2}$$

Friedmann equation (00) :
$$\left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi}{3} G\rho - \frac{\kappa}{a^2}$$

$$\nabla_{\mu} T^{\mu 0} = 0 \longrightarrow \dot{\rho} + 3\frac{\dot{a}}{a}(\rho + p) = 0$$

the equation of state

$$p = p(\rho)$$

many-component liquid,
in case of thermal equilibrium

other equations

$$-3d(\ln a) = \frac{d\rho}{\rho + p} = d(\ln s)$$

entropy of cosmic primordial plasma is conserved in a comoving frame

$$sa^3 = \text{const}$$

Examples of cosmological solutions

$$\kappa = 0 \qquad \left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi}{3}G\rho$$

dust:

$$\rho = 0$$

singular at $t = t_s$

$$\rho = \frac{\text{const}}{a^3}, \quad a(t) = \text{const} \cdot (t - t_s)^{2/3}, \quad \rho(t) = \frac{\text{const}}{(t - t_s)^2}$$



$$t_s = 0, \quad H(t) = \frac{\dot{a}}{a}(t) = \frac{2}{3t}, \quad \rho = \frac{3}{8\pi G}H^2 = \frac{1}{6\pi G} \frac{1}{t^2}$$

the Universe is too young

$$t_0 = \frac{2}{3H_0} = 0.9 \times 10^{10} \text{ yr} \quad (h = 0.7)$$

Cosmological (particle) horizon $l_H(t)$

distance covered by photons emitted at $t = 0$

the size of causally-connected region — the size of the visible part of the Universe

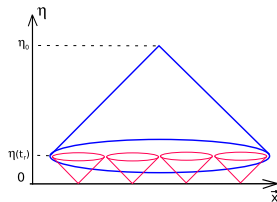
in conformal coordinates:

$$ds^2 = 0 \longrightarrow |d\mathbf{x}| = d\eta$$

coordinate size of the horizon equals

$$\eta(t) = \int d\eta$$

$$l_H(t) = a(t)\eta(t) = a(t) \int_0^t \frac{dt'}{a(t')}$$



dust

$$l_H(t) = 3t = \frac{2}{H(t)}, \quad l_{H,0} = 2.6 \times 10^{28} \text{ cm } (h = 0.7)$$

Examples of cosmological solutions

radiation:

$$\rho = \frac{1}{3}\rho$$

singular at $t = t_s$

$$\rho = \frac{\text{const}}{a^4}, \quad a(t) = \text{const} \cdot (t - t_s)^{1/2}, \quad \rho(t) = \frac{\text{const}}{(t - t_s)^2}$$



$$t_s = 0, \quad H(t) = \frac{\dot{a}}{a}(t) = \frac{1}{2t}, \quad \rho = \frac{3}{8\pi G} H^2 = \frac{3}{32\pi G} \frac{1}{t^2}$$

$$l_H(t) = a(t) \int_0^t \frac{dt'}{a(t')} = 2t = \frac{1}{H(t)}.$$

In case of thermal equilibrium

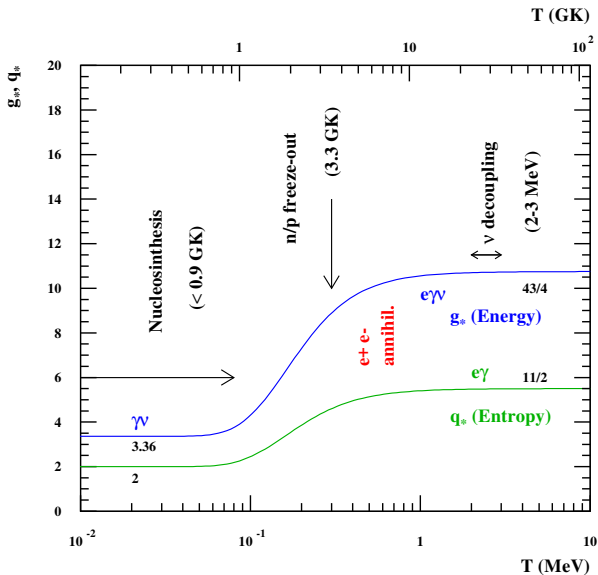
$$T = \text{const}/a$$

$$\rho_b = \frac{\pi^2}{30} g_b T^4, \quad \rho_f = \frac{7}{8} \frac{\pi^2}{30} g_f T^4$$

$$\rho = \frac{\pi^2}{30} g_* T^4, \quad g_* = \sum_b g_b + \frac{7}{8} \sum_f g_f = g_*(T)$$

Evolution of energy and entropy densities

1707.01004



Examples of cosmological solutions

vacuum:

$$T_{\mu\nu} = \rho_{vac}\eta_{\mu\nu}$$

$$p = -\rho$$

$$S_G = -\frac{1}{16\pi G} \int R\sqrt{-g}d^4x, \quad S_\Lambda = -\Lambda \int \sqrt{-g}d^4x.$$

$$a = \text{const} \cdot e^{H_{ds}t}, \quad H_{ds} = \sqrt{\frac{8\pi}{3} G\rho_{vac}}$$

de Sitter space: space-time of constant curvature

$$ds^2 = dt^2 - e^{2H_{ds}t} d\mathbf{x}^2$$

$\ddot{a} > 0,$

no initial singularity

$$ds^2 = dt^2 - e^{2H_{dS}t} d\mathbf{x}^2$$

no cosmological horizon: $l_H(t) = e^{H_{dS}t} \int_{-\infty}^t dt' e^{-H_{dS}t'} = \infty$

de Sitter (events) horizon ($\mathbf{x} = 0, t$):

from which distance $l(t)$ one can detect light emitted at t ?

in conformal coordinates: $ds^2 = 0 \longrightarrow |d\mathbf{x}| = d\eta$

coordinate size: $\eta(t \rightarrow \infty) - \eta(t) = \int_t^\infty \frac{dt'}{a(t')}$

physical size: $l_{dS} = a(t) \int_t^\infty \frac{dt'}{a(t')} = \frac{1}{H_{dS}}$

observer will never be informed what happens at distances larger than

$$l_{dS} = H_{dS}^{-1}$$

Our future? with $H_{dS} = 0.8 \times H_0$

Friedmann equation for the present Universe

$$H^2 \equiv \left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi}{3} G(\rho_M + \rho_{rad} + \rho_\Lambda + \rho_{curv})$$

$$\frac{8\pi}{3} G\rho_{curv} = -\frac{\varkappa}{a^2}, \quad \rho_c \equiv \frac{3}{8\pi G} H_0^2$$

$$\rho_c = \rho_{M,0} + \rho_{rad,0} + \rho_{\Lambda,0} = \rho_c = 0.52 \cdot 10^{-5} \frac{\text{GeV}}{\text{cm}^3}, \quad \text{for } h = 0.7$$

$$\Omega_X \equiv \frac{\rho_{X,0}}{\rho_c}$$

$$\left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi}{3} G\rho_c \left[\Omega_M \left(\frac{a_0}{a}\right)^3 + \Omega_{rad} \left(\frac{a_0}{a}\right)^4 + \Omega_\Lambda + \Omega_{curv} \left(\frac{a_0}{a}\right)^2 \right]$$

Homogeneous and isotropic 3d manifolds

$$dl^2 = d\rho^2 + r^2(\rho)(d\theta^2 + \sin^2 \theta d\phi^2)$$

$$r(\rho) = \begin{cases} R \sin(\rho/R), & \text{3-sphere} \\ \rho, & \text{3-plane} \\ R \sinh(\rho/R), & \text{3-hyperboloid} \end{cases}$$

ρ is a geodesic distance;

$$S = 4\pi r^2(\rho);$$

$$\Delta\theta = \frac{l}{r(\rho)}$$

$$d\rho^2 = \frac{dr^2}{\cosh^2 \frac{\rho}{R}} = \frac{dr^2}{1 + \frac{r^2}{R^2}}$$

$$d\rho^2 = \frac{dr^2}{\cos^2 \frac{\rho}{R}} = \frac{dr^2}{1 - \frac{r^2}{R^2}}$$

$$dl^2 = \frac{dr^2}{1 - \kappa \frac{r^2}{R^2}} + r^2(d\theta^2 + \sin^2 \theta d\phi^2)$$

Brightness–redshift dependence in the Universe

$$ds^2 = dt^2 - a^2(t) \left[d\chi^2 + \sinh^2 \chi \left(d\theta^2 + \sin^2 \theta d\phi^2 \right) \right]$$

coordinate distance $\rho/R \rightarrow \chi = \int_{t_i}^{t_0} \frac{dt}{a(t)}$ $z(t) = \frac{a_0}{a(t)} - 1$

$$\chi(z) = \int_0^z \frac{dz'}{a_0 H_0 \sqrt{\Omega_M (z'+1)^3 + \Omega_\Lambda + \Omega_{curv} (z'+1)^2}}$$

$$a_0^2 H_0^2 \Omega_{curv} = 1, \quad \Omega_M + \Omega_\Lambda + \Omega_{curv} = 1$$

$$S(z) = 4\pi r^2(z), \quad r(z) = a_0 \sinh \chi(z)$$

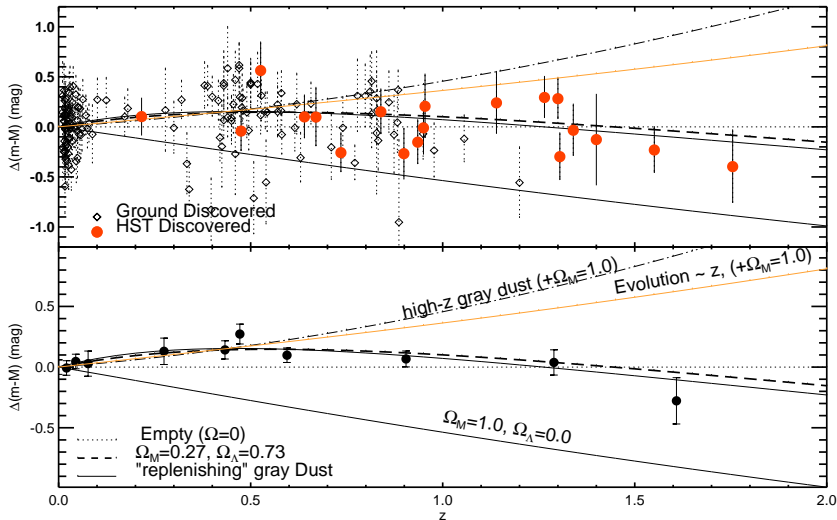
detector: $N_\gamma \propto S^{-1}$, $\omega = \omega_i / (1+z)$, $dt_0 = (1+z) dt_i$

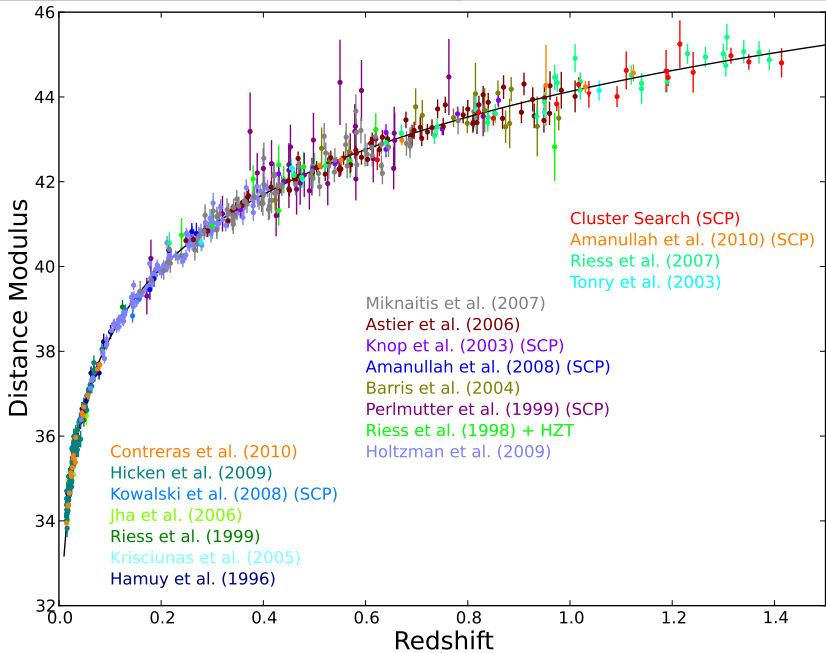
hence the brightness (energy flux measured by a detector) is

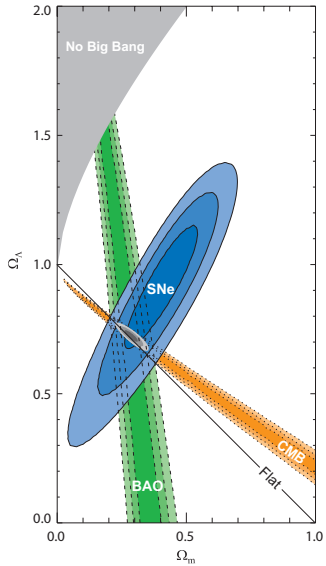
$$J = \frac{L}{(1+z)^2 S(z)} \equiv \frac{L}{4\pi r_{ph}^2}, \quad r_{ph} = (1+z) \cdot r(z)$$

Brightness–redshift dependence: SNe Ia

$$\Delta(m-M) = 5 \log \frac{r_{ph}}{r_{ph}(\Omega_C = 0.8, \Omega_M = 0.2)}$$







Microscopic processes in the expanding Universe

A **competition** between **scattering, decays, etc** and **expansion**

for general processes one should solve kinetic equations

$$\frac{dn_{X_i}}{dt} + 3Hn_{X_i} = \sum (\text{production} - \text{destruction})$$

Boltzmann equation in a comoving volume: $\frac{d}{dt} (na^3) = a^3 \int \dots$

production:

$$\sigma(A + B \rightarrow X + C)n_A n_B, \quad \Gamma(D \rightarrow E + X)n_D \cdot M_D/E_D, \quad \text{etc}$$

destruction:

$$\sigma(A + X \rightarrow C + B)n_A n_X, \quad \Gamma(X \rightarrow F + G)n_X \cdot M_X/E_X, \quad \text{etc}$$

Fast direct and inverse processes, $\Gamma \gtrsim H$, are in equilibrium,
 $\Sigma(\) = 0$ and thermalize particles

Last scattering: $\gamma e \rightarrow \gamma e$

$$\sigma_T = \frac{8\pi}{3} \frac{\alpha^2}{m_e^2} \approx 0.67 \cdot 10^{-24} \text{ cm}^2, \quad \tau_\gamma = \frac{1}{\sigma_T \cdot n_e(T)}$$

last scattering:

$$\tau_\gamma(T_f) \simeq H^{-1}(T_f) \simeq t_f$$

$$T_f = 0.26 \text{ eV}, \quad z = 1100, \quad t_f = 370\,000 \text{ yr}$$

for general processes one should solve kinetic equations

$$\frac{dn_{X_i}}{dt} + 3Hn_{X_i} = \int (\text{production} - \text{destruction})$$

Boltzmann equation in a comoving volume: $\frac{d}{dt} (n a^3) = a^3 \int \dots$

Recombination: horizon

matter domination:

$$l_{H,r} = 2H_r^{-1}$$

$$H_r^2 = \frac{8\pi}{3} G\rho_M(t_r) = \frac{8\pi}{3} G\rho_{M,0} \left(\frac{a_0}{a_r} \right)^3 = \frac{8\pi}{3} G\rho_c \Omega_{M,0} (1+z_r)^3.$$

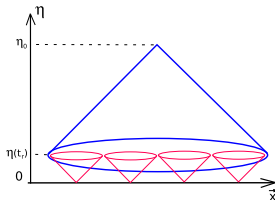
at recombination:

$$l_{H,r} = \frac{2}{H_0 \sqrt{\Omega_M}} \frac{1}{(1+z_r)^{3/2}}$$

today:

$$l_{H,r}(t_0) = l_{H,r} \times \frac{a_0}{a_r} = \frac{2}{H_0 \sqrt{\Omega_M}} \frac{1}{\sqrt{1+z_r}}$$

$$\frac{l_{H_0}}{l_{H,r}(t_0)} \sim \sqrt{1+z_r} \simeq 30$$



Recombination: angle

angular distance: $d_{ph} = r_a(z) \Delta\theta$

$$\chi_r = \int_{t_r}^{t_0} \frac{dt}{a(t)}, \quad \Delta\theta_r = \frac{l_{H,r}}{r_a(z_r)}$$

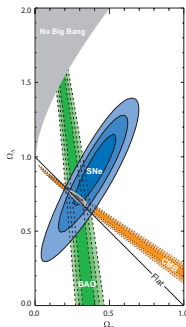
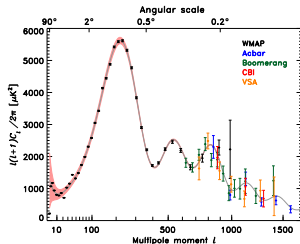
$$d_{conf} = \sinh \chi_r \Delta\theta$$

$$r_a(z_r) = (1+z_r)^{-1} \cdot a_0 \cdot \sinh \chi_r$$

$$\Delta\theta_r = \frac{1}{\sqrt{z_r+1}}, \quad \Omega_{curv} = \Omega_\Lambda = 0.$$

$$\Delta\theta_r = \frac{1}{\sqrt{z_r+1}} \frac{2\sqrt{\Omega_{curv}/\Omega_M}}{\sinh\left(2\sqrt{\Omega_{curv}/\Omega_M} l\right)}.$$

$$l = \int_0^1 \frac{dy}{\sqrt{1 + \frac{\Omega_\Lambda}{\Omega_M} y^6}}$$

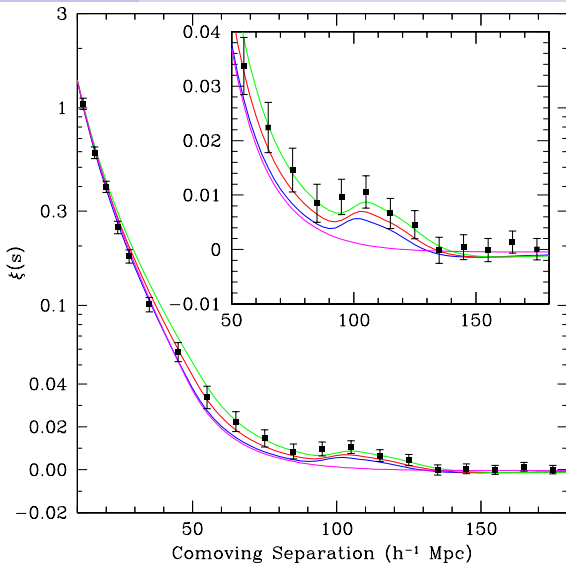
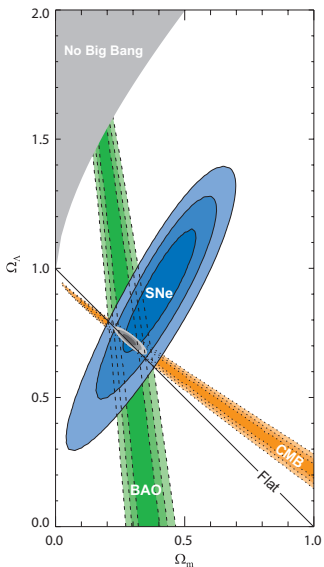


Acoustic oscillations in relativistic plasma:
What matters is the **sound horizon**:

$$l_{s,r} = l_{H,r} \cdot v_s \approx l_{H,r} / \sqrt{3}$$

Then $\Delta\theta_{r,s} =$

$$\frac{1}{\sqrt{3}} \frac{1}{\sqrt{1+z}} \times \frac{180^\circ}{\pi} \simeq 1^\circ$$



$$110/0.7 \text{ Mpc} \simeq l_{H,r}(t_0) \times \sqrt{v_s^2} \simeq l_{H_0} / \sqrt{3} / \sqrt{1+z_r}$$

Neutrino freeze-out

$$T > m_e$$

$$e^+ e^- \leftrightarrow \nu \bar{\nu}, \quad e\nu \leftrightarrow e\nu$$

$$\sigma_\nu \sim G_F^2 E^2$$

neutrino interaction rate

$$\tau_\nu = \frac{1}{\langle \sigma_\nu n\nu \rangle} \sim \frac{1}{G_F^2 T^5}$$

$$H^2 = \frac{8\pi}{3 M_{Pl}^2} \frac{\pi^2}{30} g_* T^4 \equiv \frac{T^4}{M_{Pl}^{*2}}$$

$$\tau_\nu(T) \sim H^{-1}(T) = \frac{M_{Pl}^*}{T^2}$$

$$T_{\nu,f} \sim \left(\frac{1}{G_F^2 M_{Pl}^*} \right)^{1/3} \sim 2 \div 3 \text{ MeV}$$

Neutron decoupling



typical energy scales

$$T \gtrsim \Delta m = 1.3 \text{ MeV}, \quad T \gtrsim m_e = 0.5 \text{ MeV}$$

neutron interaction rate

$$\tau_{n \leftrightarrow p} = \frac{1}{\Gamma_{n \leftrightarrow p}} = \frac{1}{C_n G_F^2 T^5}$$

neutron decoupling

$$\Gamma_{n \leftrightarrow p}(T) \sim H(T) = T^2 / M_{Pl}^*$$

$$T_n = \frac{1}{(C_n M_{Pl}^* G_F^2)^{1/3}} \approx 0.8 \text{ MeV}$$

$$g_* = 2 + \frac{7}{8} \cdot 4 + \frac{7}{8} \cdot 2 \cdot N_\nu$$

$$t = \frac{1}{2H(T_n)} = \frac{M_{Pl}^*}{2T_n^2} \approx 1 \text{ s}$$

Neutron density at decoupling

$$n_n = g_n \left(\frac{m_n T}{2\pi} \right)^{3/2} e^{-\frac{\mu_n - m_n}{T}}$$

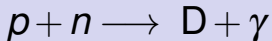
$$\mu_n + \mu_\nu = \mu_p + \mu_e$$

$$\frac{n_n}{n_p} = e^{-\frac{m_n - m_p}{T}} e^{-\frac{\mu_n - \mu_p}{T}}$$

for relativistic e^+ and e^-

$$n_{e^-} - n_{e^+} \sim \mu_e T^2 \longrightarrow \frac{\mu_e}{T} \sim \frac{n_{e^-} - n_{e^+}}{T^3} = \frac{n_p}{T^3} \sim \eta_B \equiv \frac{n_p}{n_\gamma} = 6 \times 10^{-10}$$

$$\frac{n_n}{n_p} = e^{-\frac{m_n - m_p}{T_n}} \equiv e^{-\frac{\Delta m}{T_n}} \approx \frac{1}{5} e^{-\frac{\mu_\nu}{T_n}}$$



Saha equation

$$n_n = 2 \left(\frac{m_p T}{2\pi} \right)^{3/2} e^{\frac{\mu_n - m_n}{T}}, \quad n_p = 2 \left(\frac{m_p T}{2\pi} \right)^{3/2} e^{\frac{\mu_p - m_p}{T}},$$

Chemical equilibrium for nuclei:

$$\mu_A = \mu_p \cdot Z + \mu_n \cdot (A - Z)$$

$$n_D \sim \left(\frac{m_D T}{2\pi} \right)^{3/2} e^{\frac{\mu_D - m_D}{T}},$$

Temperature of BBN T_{NS} :

$$n_D \sim n_n$$

$$\Delta_D = 2.23 \text{ MeV}$$

$$t_{NS} \approx 3 \text{ min}$$

$$n_D/n_p(T_{NS}) \sim \eta_B \left(\frac{2.5 T_{NS}}{m_p} \right)^{3/2} e^{\frac{\Delta_D}{T_{NS}}} \sim 1 \longrightarrow T_{NS} \approx 50 \text{ keV}$$

Helium abundance (NO chemical equilibrium)

Neutrons remain mostly in helium

$$n_{4\text{He}}(T_{NS}) = \frac{1}{2} n_n(T_{NS}),$$

neutron-to-proton ratio

$$\tau_n \approx 880 \text{ s}$$

$$\frac{n_n(T_{NS})}{n_p(T_{NS})} \approx \frac{1}{5} \cdot e^{-\frac{t_{NS}}{\tau_n}} \cdot e^{-\frac{\mu_n}{T_n}} \approx \frac{1}{7},$$

$$Y_p \equiv X_{4\text{He}} = \frac{m_{4\text{He}} \cdot n_{4\text{He}}(T_{NS})}{m_p (n_p(T_{NS}) + n_n(T_{NS}))} = \frac{2}{\frac{n_p(T_{NS})}{n_n(T_{NS})} + 1} \approx 25\%$$

from observations of relic helium abundance:

$$\Delta N_{\nu, \text{eff}} \leq 1, \quad \left| \frac{\mu_\nu}{T_n} \right| \lesssim 0.01$$

Main nuclear reactions

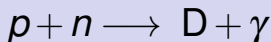
- 1 $p(n, \gamma)D$ — deuterium production, BBN starts.
- 2 $D(p, \gamma)^3\text{He}$, $D(D, n)^3\text{He}$, $D(D, p)T$, $^3\text{He}(n, p)T$ — intermediate stage.
- 3 $T(D, n)^4\text{He}$, $^3\text{He}(D, p)^4\text{He}$ — production of ^4He .
- 4 $T(\alpha, \gamma)^7\text{Li}$, $^3\text{He}(\alpha, \gamma)^7\text{Be}$, $^7\text{Be}(n, p)^7\text{Li}$ — production of the heaviest baryonic relics.
- 5 $^7\text{Li}(p, \alpha)^4\text{He}$ — ^7Li burning.

One has to compare reaction rates to the expansion rate

$$H(T_{NS} = 50 \text{ keV}) = 10^{-2} \text{ s}^{-1}$$

to obtain nonequilibrium concentrations

Neutron burning



@ $T = T_{NS} = 65 \text{ keV}$

$$(\sigma v)_{p(n,\gamma)D} \approx 6 \cdot 10^{-20} \frac{\text{cm}^3}{\text{s}}.$$

for the rate (neutron disappearance when meets proton)

$$\Gamma_{p(n,\gamma)D} = n_p \cdot (\sigma v)_{p(n,\gamma)D} = \eta_B \cdot 2 \frac{\zeta(3)}{\pi^2} T^3 \cdot (\sigma v)_{p(n,\gamma)D} = 0.31 \text{ s}^{-1}$$

for $\eta_B = 6.15 \cdot 10^{-10}$ and $T = T_{NS}$

So, neutrons disappear very rapidly

$$\Gamma_{p(n,\gamma)D} \gg H(T_{NS}) = 4 \cdot 10^{-3} \text{ s}^{-1}$$

Deuterium burning

 $D(D, n)^3\text{He}, D(D, p)T$

Coulomb barrier: tunneling

$$T_9 \equiv T/(10^9 \text{ K}) = T/(86 \text{ keV})$$

$$\langle \sigma v \rangle_{DD} = 3 \cdot 10^{-15} \frac{\text{cm}^3}{\text{s}} \cdot T_9^{-2/3} \cdot e^{-4.26 \cdot T_9^{-1/3}}.$$

deuterium stops burning when

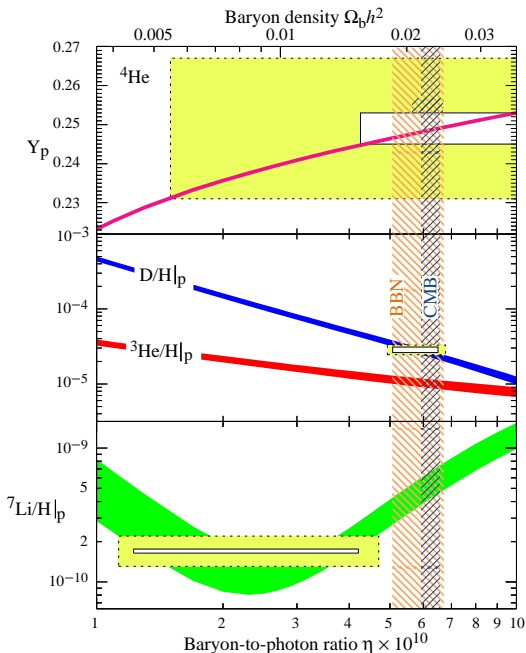
$$T = T_{NS} (T_9 = 0.75)$$

$$\Gamma_{DD} = n_D(T) \cdot \langle \sigma v \rangle_{DD}(T) \sim H(T).$$

Then relic deuterium abundance is estimated as

$$\frac{n_D}{n_p} = \frac{1}{0.75 \eta_B} \cdot \frac{n_D}{n_\gamma(T_{NS})} = 0.3 \cdot 10^{-4}$$

for $\eta_B = 6.15 \cdot 10^{-10}$



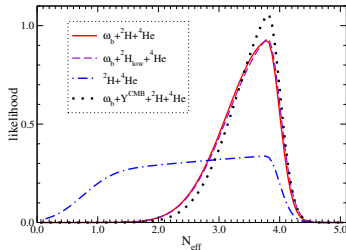
Measurement of $\eta_B = n_B/n_\gamma$
at $T \sim 1$ MeV

Lack of Lithium... Exotics needed?

$$Y_p = 0.2581 \pm 0.025,$$

$$D/H|_p = (2.87 \pm 0.21) \times 10^{-5}$$

1103.1261



similar results from other recent
studies including structure formation

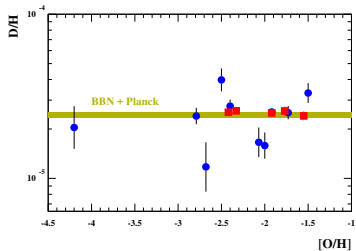
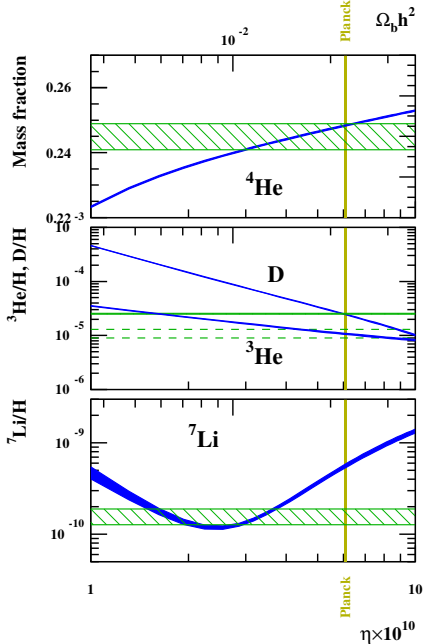
1001.4440, 1001.5218, 1202.2889

$$N_{\nu,\text{eff}} < 4.2 \text{ @ } 95\% \text{CL}$$

$$N_{\nu,\text{eff}} < 4.0 \text{ from } D/H$$

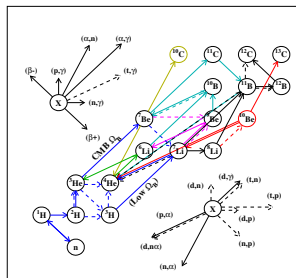
1205.3785

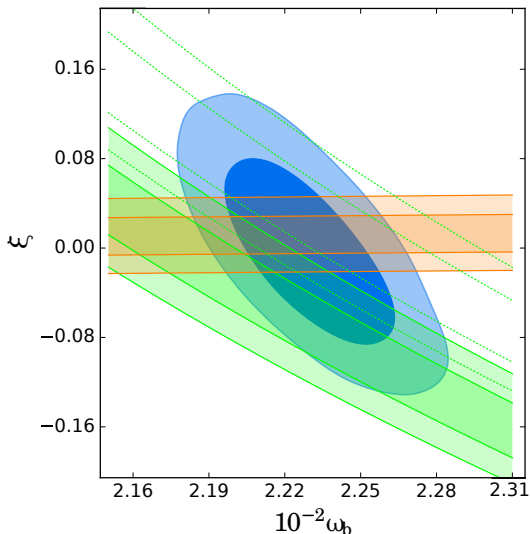
1707.01004 Measurement of $\eta_B = n_B/n_\gamma$ at $T \sim 1$ MeV



Lack of Lithium...

Exotics needed?





Primordial Element Abundance

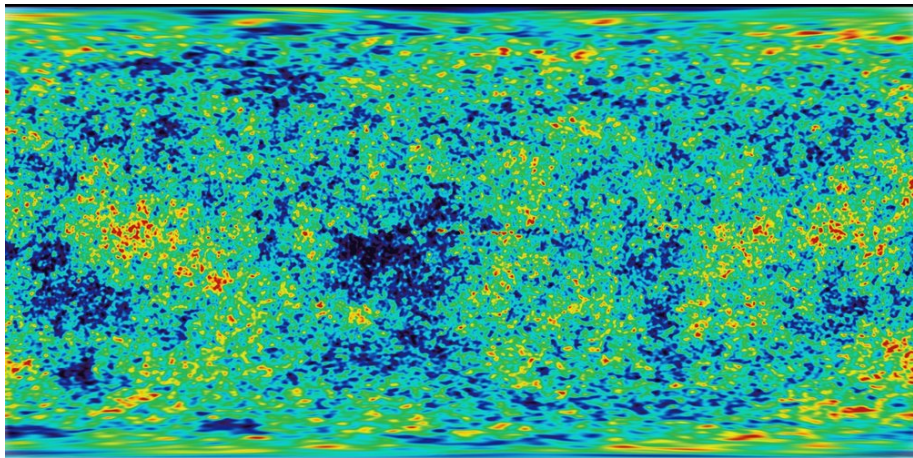
Observations:

- Lack of Lithium. . .
Exotics needed?
- Measurement of $\eta_B = n_B/n_\gamma$ at $T \sim 1$ MeV consistent with present and recombination values
- no “decaying relics”
- measurement of the Universe expansion rate
 $H^2 \sim \rho_{\text{relativistic}}$
- in particular:
 - neutrino number $N_\nu \approx 3$
 - no “dark radiation”

Baryon asymmetry must be produced before BBN !!

1706.01705

CMB map



Mode evolution

- Amplitude remains constant, while superhorizon, e.g. $k/a < H$
- Subhorizon Inhomogeneities of DM start to grow at MD-stage, $\delta\rho_{CDM}/\rho_{CDM} \propto a$ from $T \approx 0.8 \text{ eV}$
Smaller objects (first stars, dwarf galaxies) are first to form
- Subhorizon Inhomogeneities of baryons join those of DM only after recombination, $\delta\rho_{CDM}/\rho_{CDM} \propto a$ from $T_{rec} \approx 0.25 \text{ eV}$
- at recombination $\delta\rho_B/\rho_B \sim \delta T/T \sim 10^{-4}$ and would grow only by a factor $T_{rec}/T_0 \sim 10^3$ without DM
- Subhorizon Inhomogeneities of photons $\delta\rho_\gamma/\rho_\gamma$ oscillate with constant amplitude at RD and with decreasing amplitude at MD, thus we can measure $T_{RD/MD}/T_{rec}$
- Phase of oscillations decoupled after recombination depends on the wave-length, recombination time and sound speed

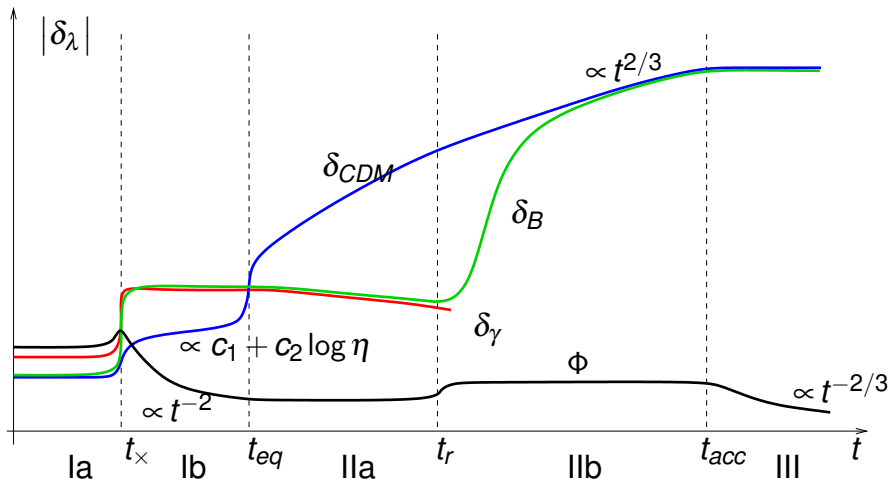
$$\delta\rho_\gamma/\rho_\gamma \propto \cos\left(k \int_0^{t_r} \frac{v_s dt}{a(t)}\right) = \text{cos}(kl_{\text{sound}})$$

●

$$\delta T(\theta, \varphi) = \sum a_{lm} Y_{lm}(\theta, \varphi),$$

$$\langle a_{lm}^* a_{lm} \rangle = C_l \equiv 2\pi \mathcal{D}_l / (l(l+1))$$

Mode evolution at various stages



On formulas...

- short waves, $k\eta_{eq} \gg 1$

$$R_B \equiv 3\rho_B/4\rho_\gamma$$

$$\delta_\gamma = \Phi_{(i)} \cdot \left[-324 \cdot (1 + R_B) f^2 \frac{\Omega_{CDM}}{\Omega_M} (1 + z_{eq}) \frac{\log(0.2k\eta_{eq})}{(k\eta_0)^2} + \frac{6}{(1 + R_B)^{1/4}} \cos \left(k \int_0^\eta d\tilde{\eta} u_s \right) \right],$$

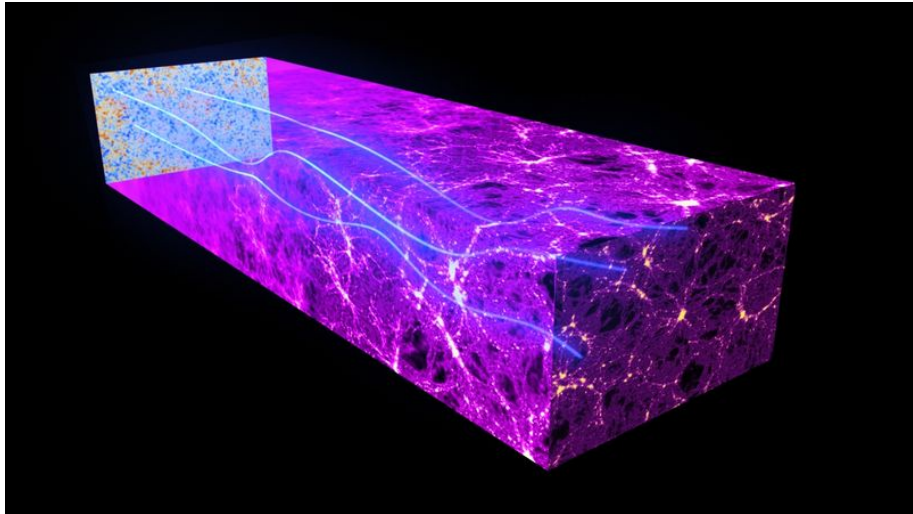
- long waves, $k\eta_{rec} \ll 1$

$$\delta_\gamma = -\frac{12}{5} \Phi_{(i)} = \text{const}$$

- intermediate waves ...

$$\delta_\gamma(\mathbf{k}, \eta) = -4[1 + R_B(\eta)] \Phi(\mathbf{k}, \eta) + 4\Phi_{(i)}(\mathbf{k}) \cdot A(k, \eta) \cos \left(k \int_0^\eta u_s d\tilde{\eta} \right),$$

On top of that: propagation in expanding Universe



On formulas. . .

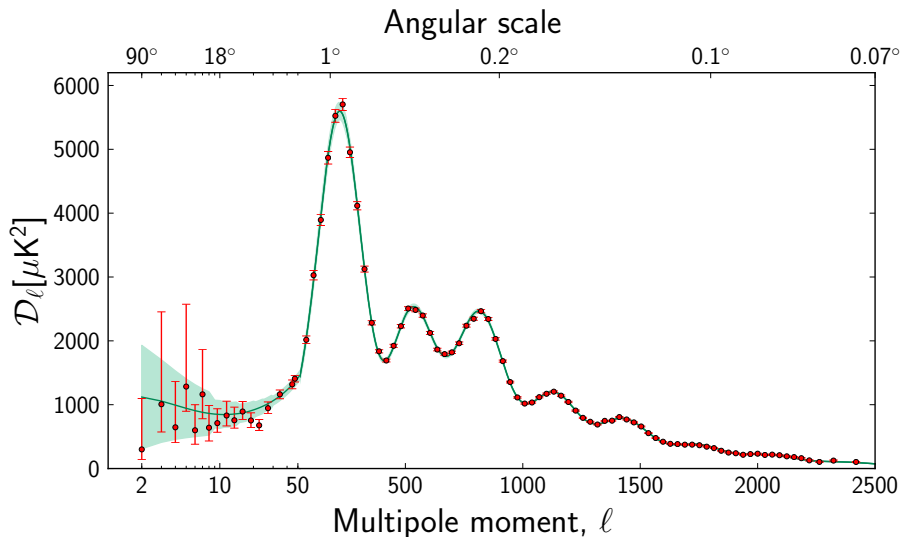
From linear approximation to the geodesic equation. . .

for scalar perturbations

$$\begin{aligned} \frac{\delta T}{T}(\mathbf{n}, \eta_0) &= \frac{1}{4} \delta_\gamma(\eta_r) + (\Phi(\eta_r) - \Phi(\eta_0)) \\ &\quad + \int_{\eta_r}^{\eta_0} (\Phi' - \Psi') d\eta \\ &\quad + \mathbf{nv}(\eta_r) - \mathbf{nv}(\eta_0). \end{aligned}$$

for tensor perturbations

$$\frac{\delta T}{T}(\mathbf{n}, \eta_0) = \frac{1}{2} \int_{\eta_r}^{\eta_0} d\eta n_i h_{ij}^{TT'} n_j,$$

CMB measurements (Planck) $\theta, \Omega_{DM}, \Omega_B, \tau, \Delta_{\mathcal{R}}, n_s$ 

Standard cosmological model $ds^2 = dt^2 - a^2(t)dx^2$

$$\left(\frac{\dot{a}}{a}\right)^2 \equiv H^2 = H_0^2 \left[\Omega_\Lambda + (\Omega_{DM} + \Omega_B + \Omega_{v,m \neq 0}) \left(\frac{a_0}{a}\right)^3 + (\Omega_\gamma + \Omega_{v,m=0}) \left(\frac{a_0}{a}\right)^4 \right]$$

- $T_\gamma = 2.735 \text{ K}$, $\implies \Omega_\gamma \sim 10^{-5}$
- $N_\nu \approx 3$, $\sum m_\nu < 0.2 \text{ eV} \implies \Omega_{\nu, \neq 0}, \Omega_{\nu, 0} \sim 10^{-5} ?$
- $\Omega_B = 4.5\% \implies \eta_B \equiv n_B/n_\gamma = 6 \times 10^{-10}$
- $\Omega_{DM} = 27.5\%$
- $H_0 = 67 \text{ km/s/Mpc} \implies \rho_0 = 5 \text{ GeV/m}^3$
- $\Omega_\Lambda = 68\% \implies \text{flat space}$
- adiabatic, gaussian matter perturbations

$$\left\langle \left(\frac{\delta\rho}{\rho} \right)^2 \right\rangle \sim A_S \int \frac{dk}{k} \left(\frac{k}{k_*} \right)^{n_S-1}$$

with $A_S = 3 \times 10^{-9}$ and $n_S = 0.97$

- no tensor perturbations, $r \equiv A_T/A_S < 0.05$
- reionization at $z \equiv a_0/a = 10$