

Inflation and reheating in the early Universe

Lecture #3

Introduction: more on observables in Hot Big Bang Theory

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**“Quantum fields:
from gravity and cosmology
to physics of condensed matter”**

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Friedmann equation (00) : $\left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi}{3} G\rho - \frac{\kappa}{a^2}$

$$\nabla_{\mu} T^{\mu 0} = 0 \longrightarrow \dot{\rho} + 3\frac{\dot{a}}{a}(\rho + p) = 0$$

the equation of state

$$p = p(\rho)$$

many-component liquid,
in case of thermal equilibrium

other equations

$$-3d(\ln a) = \frac{d\rho}{\rho + p} = d(\ln s)$$

entropy of cosmic primordial plasma is conserved in a comoving frame

$$sa^3 = \text{const}$$

Examples of cosmological solutions

$$\kappa = 0 \qquad \left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi}{3}G\rho$$

dust:

$$\rho = 0$$

singular at $t = t_s$

$$\rho = \frac{\text{const}}{a^3}, \quad a(t) = \text{const} \cdot (t - t_s)^{2/3}, \quad \rho(t) = \frac{\text{const}}{(t - t_s)^2}$$



$$t_s = 0, \quad H(t) = \frac{\dot{a}}{a}(t) = \frac{2}{3t}, \quad \rho = \frac{3}{8\pi G}H^2 = \frac{1}{6\pi G} \frac{1}{t^2}$$

the Universe is too young

$$t_0 = \frac{2}{3H_0} = 0.9 \times 10^{10} \text{ yr} \quad (h = 0.7)$$

Cosmological (particle) horizon $l_H(t)$

distance covered by photons emitted at $t = 0$

the size of causally-connected region — the size of the visible part of the Universe

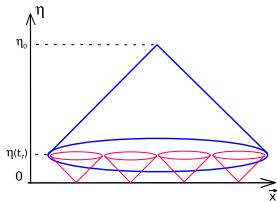
in conformal coordinates:

$$ds^2 = 0 \longrightarrow |d\mathbf{x}| = d\eta$$

coordinate size of the horizon equals

$$\eta(t) = \int d\eta$$

$$l_H(t) = a(t)\eta(t) = a(t) \int_0^t \frac{dt'}{a(t')}$$



dust

$$l_H(t) = 3t = \frac{2}{H(t)}, \quad l_{H,0} = 2.6 \times 10^{28} \text{ cm} \quad (h = 0.7)$$

Examples of cosmological solutions

radiation:

$$\rho = \frac{1}{3}\rho$$

singular at $t = t_s$

$$\rho = \frac{\text{const}}{a^4}, \quad a(t) = \text{const} \cdot (t - t_s)^{1/2}, \quad \rho(t) = \frac{\text{const}}{(t - t_s)^2}$$



$$t_s = 0, \quad H(t) = \frac{\dot{a}}{a}(t) = \frac{1}{2t}, \quad \rho = \frac{3}{8\pi G} H^2 = \frac{3}{32\pi G} \frac{1}{t^2}$$

$$l_H(t) = a(t) \int_0^t \frac{dt'}{a(t')} = 2t = \frac{1}{H(t)}.$$

In case of thermal equilibrium

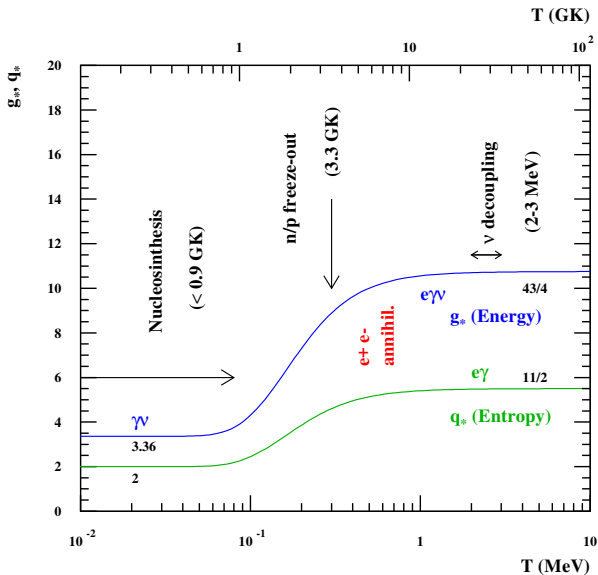
$$T = \text{const}/a$$

$$\rho_b = \frac{\pi^2}{30} g_b T^4, \quad \rho_f = \frac{7}{8} \frac{\pi^2}{30} g_f T^4$$

$$\rho = \frac{\pi^2}{30} g_* T^4, \quad g_* = \sum_b g_b + \frac{7}{8} \sum_f g_f = g_*(T)$$

Evolution of energy and entropy densities

1707.01004



Examples of cosmological solutions

vacuum:

$$T_{\mu\nu} = \rho_{vac}\eta_{\mu\nu}$$

$$p = -\rho$$

$$S_G = -\frac{1}{16\pi G} \int R\sqrt{-g}d^4x, \quad S_\Lambda = -\Lambda \int \sqrt{-g}d^4x.$$

$$a = \text{const} \cdot e^{H_{ds}t}, \quad H_{ds} = \sqrt{\frac{8\pi}{3} G\rho_{vac}}$$

de Sitter space: space-time of constant curvature

$$ds^2 = dt^2 - e^{2H_{ds}t} d\mathbf{x}^2$$

$\ddot{a} > 0,$

no initial singularity

$$ds^2 = dt^2 - e^{2H_{dS}t} d\mathbf{x}^2$$

no cosmological horizon: $l_H(t) = e^{H_{dS}t} \int_{-\infty}^t dt' e^{-H_{dS}t'} = \infty$

de Sitter (events) horizon ($\mathbf{x} = 0, t$):

from which distance $l(t)$ one can detect light emitted at t ?

in conformal coordinates: $ds^2 = 0 \longrightarrow |d\mathbf{x}| = d\eta$

coordinate size: $\eta(t \rightarrow \infty) - \eta(t) = \int_t^\infty \frac{dt'}{a(t')}$

physical size: $l_{dS} = a(t) \int_t^\infty \frac{dt'}{a(t')} = \frac{1}{H_{dS}}$

observer will never be informed what happens at distances larger than

$$l_{dS} = H_{dS}^{-1}$$

Our future? with $H_{dS} = 0.8 \times H_0$

Friedmann equation for the present Universe

$$H^2 \equiv \left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi}{3} G(\rho_M + \rho_{rad} + \rho_\Lambda + \rho_{curv})$$

$$\frac{8\pi}{3} G\rho_{curv} = -\frac{\varkappa}{a^2}, \quad \rho_c \equiv \frac{3}{8\pi G} H_0^2$$

$$\rho_c = \rho_{M,0} + \rho_{rad,0} + \rho_{\Lambda,0} = \rho_c = 0.52 \cdot 10^{-5} \frac{\text{GeV}}{\text{cm}^3}, \quad \text{for } h = 0.7$$

$$\Omega_X \equiv \frac{\rho_{X,0}}{\rho_c}$$

$$\left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi}{3} G\rho_c \left[\Omega_M \left(\frac{a_0}{a}\right)^3 + \Omega_{rad} \left(\frac{a_0}{a}\right)^4 + \Omega_\Lambda + \Omega_{curv} \left(\frac{a_0}{a}\right)^2 \right]$$

Homogeneous and isotropic 3d manifolds

$$dl^2 = d\rho^2 + r^2(\rho)(d\theta^2 + \sin^2 \theta d\phi^2)$$

$$r(\rho) = \begin{cases} R \sin(\rho/R), & \text{3-sphere} \\ \rho, & \text{3-plane} \\ R \sinh(\rho/R), & \text{3-hyperboloid} \end{cases}$$

ρ is a geodesic distance;

$$S = 4\pi r^2(\rho);$$

$$\Delta\theta = \frac{1}{r(\rho)}$$

$$d\rho^2 = \frac{dr^2}{\cosh^2 \frac{\rho}{R}} = \frac{dr^2}{1 + \frac{r^2}{R^2}}$$

$$d\rho^2 = \frac{dr^2}{\cos^2 \frac{\rho}{R}} = \frac{dr^2}{1 - \frac{r^2}{R^2}}$$

$$dl^2 = \frac{dr^2}{1 - \kappa \frac{r^2}{R^2}} + r^2(d\theta^2 + \sin^2 \theta d\phi^2)$$

Brightness–redshift dependence in the Universe

$$ds^2 = dt^2 - a^2(t) \left[d\chi^2 + \sinh^2 \chi \left(d\theta^2 + \sin^2 \theta d\phi^2 \right) \right]$$

coordinate distance $\rho/R \rightarrow \chi = \int_{t_i}^{t_0} \frac{dt}{a(t)}$ $z(t) = \frac{a_0}{a(t)} - 1$

$$\chi(z) = \int_0^z \frac{dz'}{a_0 H_0 \sqrt{\Omega_M (z'+1)^3 + \Omega_\Lambda + \Omega_{curv} (z'+1)^2}}$$

$$a_0^2 H_0^2 \Omega_{curv} = 1, \quad \Omega_M + \Omega_\Lambda + \Omega_{curv} = 1$$

$$S(z) = 4\pi r^2(z), \quad r(z) = a_0 \sinh \chi(z)$$

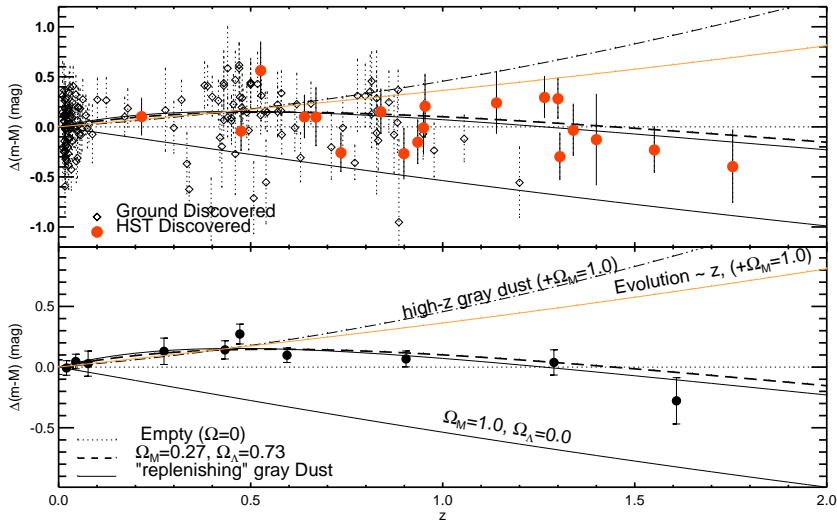
detector: $N_\gamma \propto S^{-1}$, $\omega = \omega_i / (1+z)$, $dt_0 = (1+z) dt_i$

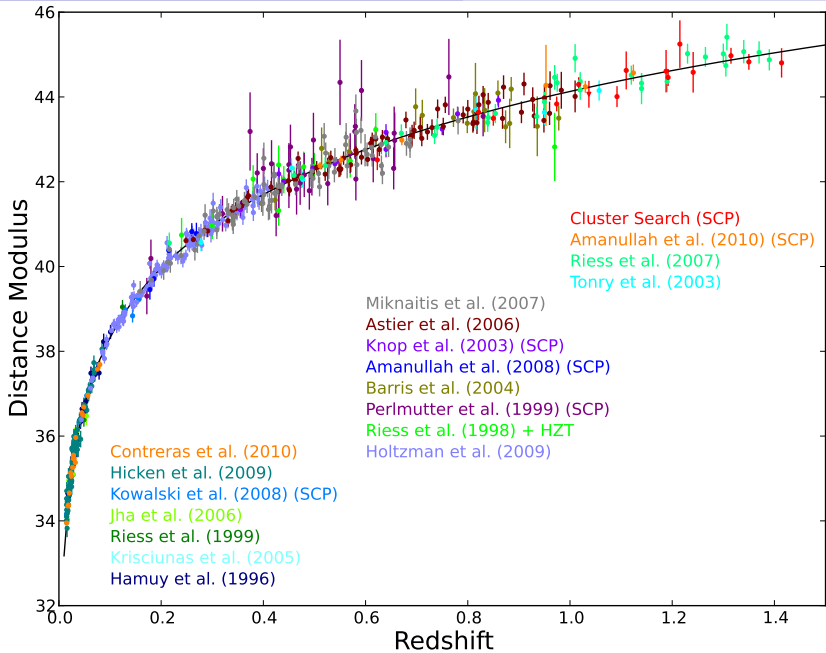
hence the brightness (energy flux measured by a detector) is

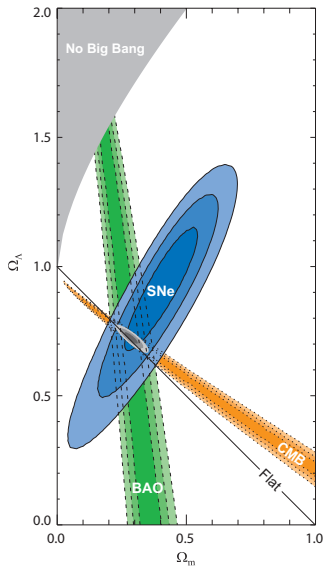
$$J = \frac{L}{(1+z)^2 S(z)} \equiv \frac{L}{4\pi r_{ph}^2}, \quad r_{ph} = (1+z) \cdot r(z)$$

Brightness–redshift dependence: SNe Ia

$$\Delta(m - M) = 5 \log \frac{r_{ph}}{r_{ph}(\Omega_C = 0.8, \Omega_M = 0.2)}$$







Microscopic processes in the expanding Universe

A **competition** between **scattering, decays, etc** and **expansion**

for general processes one should solve kinetic equations

$$\frac{dn_{X_i}}{dt} + 3Hn_{X_i} = \sum(\text{production} - \text{destruction})$$

Boltzmann equation in a comoving volume: $\frac{d}{dt}(na^3) = a^3 \int \dots$

production:

$$\sigma(A + B \rightarrow X + C)n_A n_B, \quad \Gamma(D \rightarrow E + X)n_D \cdot M_D/E_D, \quad \text{etc}$$

destruction:

$$\sigma(A + X \rightarrow C + B)n_A n_X, \quad \Gamma(X \rightarrow F + G)n_X \cdot M_X/E_X, \quad \text{etc}$$

Fast direct and inverse processes, $\Gamma \gtrsim H$, are in equilibrium,
 $\Sigma(\) = 0$ and thermalize particles

Last scattering: $\gamma e \rightarrow \gamma e$

$$\sigma_T = \frac{8\pi}{3} \frac{\alpha^2}{m_e^2} \approx 0.67 \cdot 10^{-24} \text{ cm}^2, \quad \tau_\gamma = \frac{1}{\sigma_T \cdot n_e(T)}$$

last scattering:

$$\tau_\gamma(T_f) \simeq H^{-1}(T_f) \simeq t_f$$

$$T_f = 0.26 \text{ eV}, \quad z = 1100, \quad t_f = 370\,000 \text{ yr}$$

for general processes one should solve kinetic equations

$$\frac{dn_{X_i}}{dt} + 3Hn_{X_i} = \int (\text{production} - \text{destruction})$$

Boltzmann equation in a comoving volume: $\frac{d}{dt}(na^3) = a^3 \int \dots$

Recombination: horizon

matter domination:

$$l_{H,r} = 2H_r^{-1}$$

$$H_r^2 = \frac{8\pi}{3} G\rho_M(t_r) = \frac{8\pi}{3} G\rho_{M,0} \left(\frac{a_0}{a_r} \right)^3 = \frac{8\pi}{3} G\rho_c \Omega_{M,0} (1+z_r)^3.$$

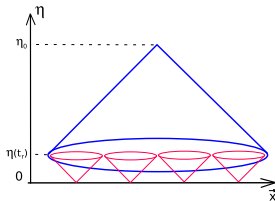
at recombination:

$$l_{H,r} = \frac{2}{H_0 \sqrt{\Omega_M}} \frac{1}{(1+z_r)^{3/2}}$$

today:

$$l_{H,r}(t_0) = l_{H,r} \times \frac{a_0}{a_r} = \frac{2}{H_0 \sqrt{\Omega_M}} \frac{1}{\sqrt{1+z_r}}$$

$$\frac{l_{H_0}}{l_{H,r}(t_0)} \sim \sqrt{1+z_r} \simeq 30$$



Recombination: angle

angular distance: $d_{ph} = r_a(z) \Delta\theta$

$$\chi_r = \int_{t_r}^{t_0} \frac{dt}{a(t)}, \quad \Delta\theta_r = \frac{l_{H,r}}{r_a(z_r)}$$

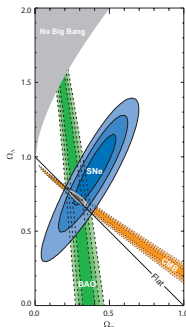
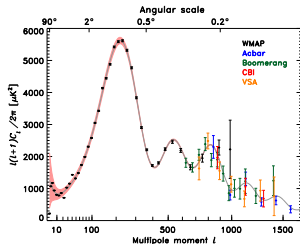
$$d_{conf} = \sinh \chi_r \Delta\theta$$

$$r_a(z_r) = (1+z_r)^{-1} \cdot a_0 \cdot \sinh \chi_r$$

$$\Delta\theta_r = \frac{1}{\sqrt{z_r+1}}, \quad \Omega_{curv} = \Omega_\Lambda = 0.$$

$$\Delta\theta_r = \frac{1}{\sqrt{z_r+1}} \frac{2\sqrt{\Omega_{curv}/\Omega_M}}{\sinh\left(2\sqrt{\Omega_{curv}/\Omega_M} l\right)}.$$

$$l = \int_0^1 \frac{dy}{\sqrt{1 + \frac{\Omega_\Lambda}{\Omega_M} y^6}}$$

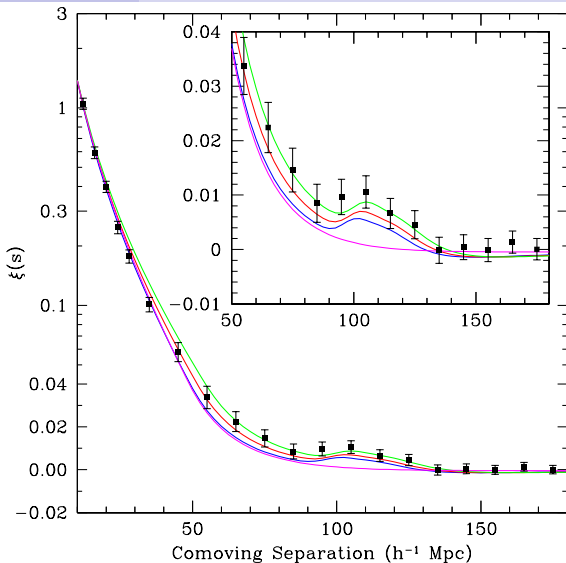
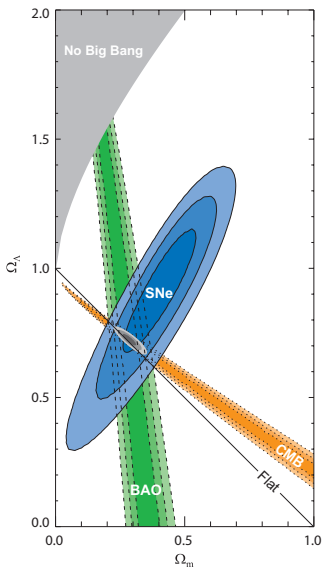


Acoustic oscillations in relativistic plasma:
What matters is the **sound horizon**:

$$l_{s,r} = l_{H,r} \cdot v_s \approx l_{H,r} / \sqrt{3}$$

Then $\Delta\theta_{r,s} =$

$$\frac{1}{\sqrt{3}} \frac{1}{\sqrt{1+z}} \times \frac{180^\circ}{\pi} \simeq 1^\circ$$



$$110/0.7 \text{ Mpc} \simeq l_{H,r}(t_0) \times \sqrt{v_s^2} \simeq l_{H_0}/\sqrt{3}/\sqrt{1+z_r}$$

Neutrino freeze-out

$$T > m_e$$

$$e^+ e^- \leftrightarrow \nu \bar{\nu}, \quad e\nu \leftrightarrow e\nu$$

$$\sigma_\nu \sim G_F^2 E^2$$

neutrino interaction rate

$$\tau_\nu = \frac{1}{\langle \sigma_\nu n\nu \rangle} \sim \frac{1}{G_F^2 T^5}$$

$$H^2 = \frac{8\pi}{3 M_{Pl}^2} \frac{\pi^2}{30} g_* T^4 \equiv \frac{T^4}{M_{Pl}^{*2}}$$

$$\tau_\nu(T) \sim H^{-1}(T) = \frac{M_{Pl}^*}{T^2}$$

$$T_{\nu,f} \sim \left(\frac{1}{G_F^2 M_{Pl}^*} \right)^{1/3} \sim 2 \div 3 \text{ MeV}$$

Neutron decoupling



typical energy scales

$$T \gtrsim \Delta m = 1.3 \text{ MeV}, \quad T \gtrsim m_e = 0.5 \text{ MeV}$$

neutron interaction rate

$$\tau_{n \leftrightarrow p} = \frac{1}{\Gamma_{n \leftrightarrow p}} = \frac{1}{C_n G_F^2 T^5}$$

neutron decoupling

$$\Gamma_{n \leftrightarrow p}(T) \sim H(T) = T^2 / M_{Pl}^*$$

$$T_n = \frac{1}{(C_n M_{Pl}^* G_F^2)^{1/3}} \approx 0.8 \text{ MeV}$$

$$g_* = 2 + \frac{7}{8} \cdot 4 + \frac{7}{8} \cdot 2 \cdot N_\nu$$

$$t = \frac{1}{2H(T_n)} = \frac{M_{Pl}^*}{2T_n^2} \approx 1 \text{ s}$$

Neutron density at decoupling

$$n_n = g_n \left(\frac{m_n T}{2\pi} \right)^{3/2} e^{-\frac{\mu_n - m_n}{T}}$$

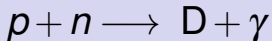
$$\mu_n + \mu_\nu = \mu_p + \mu_e$$

$$\frac{n_n}{n_p} = e^{-\frac{m_n - m_p}{T}} e^{-\frac{\mu_n - \mu_p}{T}}$$

for relativistic e^+ and e^-

$$n_{e^-} - n_{e^+} \sim \mu_e T^2 \longrightarrow \frac{\mu_e}{T} \sim \frac{n_{e^-} - n_{e^+}}{T^3} = \frac{n_p}{T^3} \sim \eta_B \equiv \frac{n_p}{n_\gamma} = 6 \times 10^{-10}$$

$$\frac{n_n}{n_p} = e^{-\frac{m_n - m_p}{T_n}} \equiv e^{-\frac{\Delta m}{T_n}} \approx \frac{1}{5} e^{-\frac{\mu_\nu}{T_n}}$$



Saha equation

$$n_n = 2 \left(\frac{m_p T}{2\pi} \right)^{3/2} e^{\frac{\mu_n - m_n}{T}}, \quad n_p = 2 \left(\frac{m_p T}{2\pi} \right)^{3/2} e^{\frac{\mu_p - m_p}{T}},$$

Chemical equilibrium for nuclei:

$$\mu_A = \mu_p \cdot Z + \mu_n \cdot (A - Z)$$

$$n_D \sim \left(\frac{m_D T}{2\pi} \right)^{3/2} e^{\frac{\mu_D - m_D}{T}},$$

Temperature of BBN T_{NS} :

$$n_D \sim n_n$$

$$\Delta_D = 2.23 \text{ MeV}$$

$$t_{NS} \approx 3 \text{ min}$$

$$n_D/n_p(T_{NS}) \sim \eta_B \left(\frac{2.5 T_{NS}}{m_p} \right)^{3/2} e^{\frac{\Delta_D}{T_{NS}}} \sim 1 \longrightarrow T_{NS} \approx 50 \text{ keV}$$

Helium abundance (NO chemical equilibrium)

Neutrons remain mostly in helium

$$n_{4\text{He}}(T_{NS}) = \frac{1}{2} n_n(T_{NS}),$$

neutron-to-proton ratio

$$\tau_n \approx 880 \text{ s}$$

$$\frac{n_n(T_{NS})}{n_p(T_{NS})} \approx \frac{1}{5} \cdot e^{-\frac{t_{NS}}{\tau_n}} \cdot e^{-\frac{\mu_n}{T_n}} \approx \frac{1}{7},$$

$$Y_p \equiv X_{4\text{He}} = \frac{m_{4\text{He}} \cdot n_{4\text{He}}(T_{NS})}{m_p (n_p(T_{NS}) + n_n(T_{NS}))} = \frac{2}{\frac{n_p(T_{NS})}{n_n(T_{NS})} + 1} \approx 25\%$$

from observations of relic helium abundance:

$$\Delta N_{\nu, \text{eff}} \leq 1, \quad \left| \frac{\mu_\nu}{T_n} \right| \lesssim 0.01$$

Main nuclear reactions

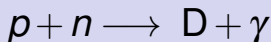
- 1 $p(n, \gamma)D$ — deuterium production, BBN starts.
- 2 $D(p, \gamma)^3\text{He}$, $D(D, n)^3\text{He}$, $D(D, p)T$, $^3\text{He}(n, p)T$ — intermediate stage.
- 3 $T(D, n)^4\text{He}$, $^3\text{He}(D, p)^4\text{He}$ — production of ^4He .
- 4 $T(\alpha, \gamma)^7\text{Li}$, $^3\text{He}(\alpha, \gamma)^7\text{Be}$, $^7\text{Be}(n, p)^7\text{Li}$ — production of the heaviest baryonic relics.
- 5 $^7\text{Li}(p, \alpha)^4\text{He}$ — ^7Li burning.

One has to compare reaction rates to the expansion rate

$$H(T_{NS} = 50 \text{ keV}) = 10^{-2} \text{ s}^{-1}$$

to obtain nonequilibrium concentrations

Neutron burning



@ $T = T_{NS} = 65 \text{ keV}$

$$(\sigma v)_{p(n,\gamma)D} \approx 6 \cdot 10^{-20} \frac{\text{cm}^3}{\text{s}}.$$

for the rate (neutron disappearance when meets proton)

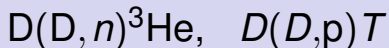
$$\Gamma_{p(n,\gamma)D} = n_p \cdot (\sigma v)_{p(n,\gamma)D} = \eta_B \cdot 2 \frac{\zeta(3)}{\pi^2} T^3 \cdot (\sigma v)_{p(n,\gamma)D} = 0.31 \text{ s}^{-1}$$

for $\eta_B = 6.15 \cdot 10^{-10}$ and $T = T_{NS}$

So, neutrons disappear very rapidly

$$\Gamma_{p(n,\gamma)D} \gg H(T_{NS}) = 4 \cdot 10^{-3} \text{ s}^{-1}$$

Deuterium burning



Coulomb barrier: tunneling

$$T_9 \equiv T/(10^9 \text{ K}) = T/(86 \text{ keV})$$

$$\langle \sigma v \rangle_{DD} = 3 \cdot 10^{-15} \frac{\text{cm}^3}{\text{s}} \cdot T_9^{-2/3} \cdot e^{-4.26 \cdot T_9^{-1/3}}.$$

deuterium stops burning when

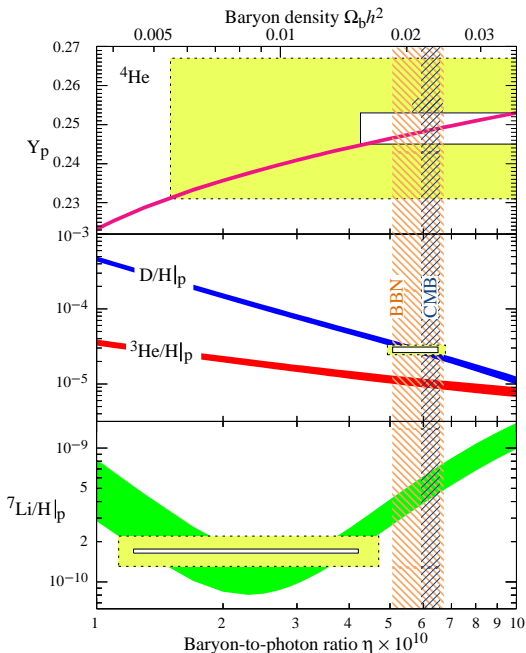
$$T = T_{NS} (T_9 = 0.75)$$

$$\Gamma_{DD} = n_D(T) \cdot \langle \sigma v \rangle_{DD}(T) \sim H(T).$$

Then relic deuterium abundance is estimated as

$$\frac{n_D}{n_p} = \frac{1}{0.75 \eta_B} \cdot \frac{n_D}{n_\gamma(T_{NS})} = 0.3 \cdot 10^{-4}$$

for $\eta_B = 6.15 \cdot 10^{-10}$



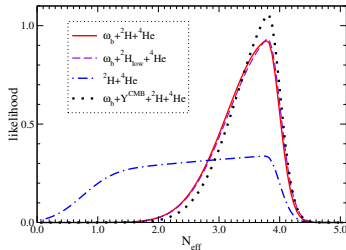
Measurement of $\eta_B = n_B/n_\gamma$
at $T \sim 1$ MeV

Lack of Lithium... Exotics needed?

$$Y_p = 0.2581 \pm 0.025,$$

$$D/H|_p = (2.87 \pm 0.21) \times 10^{-5}$$

1103.1261



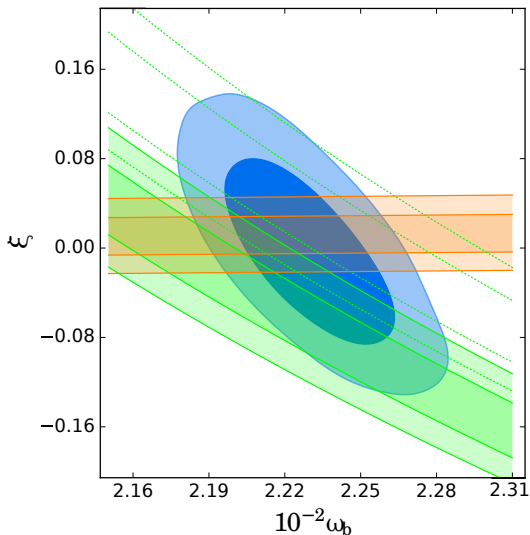
similar results from other recent
studies including structure formation

1001.4440, 1001.5218, 1202.2889

$N_{\nu, \text{eff}} < 4.2$ @ 95%CL

$N_{\nu, \text{eff}} < 4.0$ from D/H

1205.3785



Primordial Element Abundance

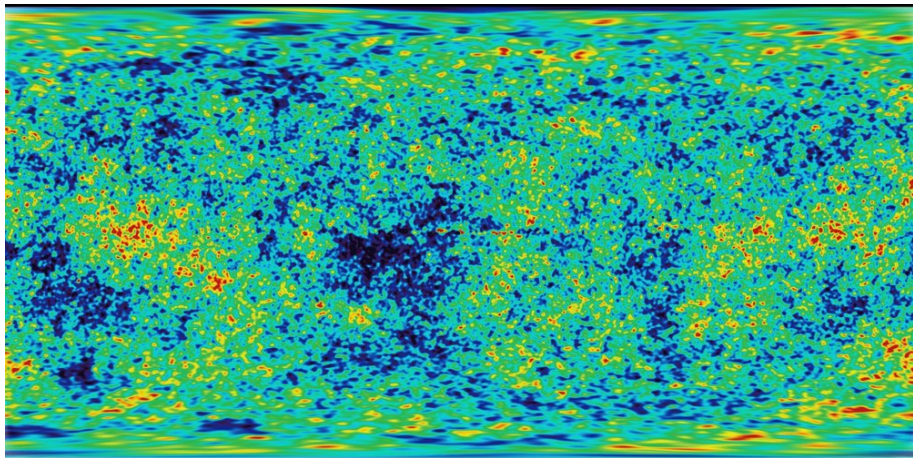
Observations:

- Lack of Lithium. . .
Exotics needed?
- Measurement of $\eta_B = n_B/n_\gamma$ at $T \sim 1$ MeV consistent with present and recombination values
- no “decaying relics”
- measurement of the Universe expansion rate
 $H^2 \sim \rho_{\text{relativistic}}$
- in particular:
 - neutrino number $N_\nu \approx 3$
 - no “dark radiation”

Baryon asymmetry must be produced before BBN !!

1706.01705

CMB map



Mode evolution

- Amplitude remains constant, while superhorizon, e.g. $k/a < H$
- Subhorizon Inhomogeneities of DM start to grow at MD-stage, $\delta\rho_{CDM}/\rho_{CDM} \propto a$ from $T \approx 0.8 \text{ eV}$
Smaller objects (first stars, dwarf galaxies) are first to form
- Subhorizon Inhomogeneities of baryons join those of DM only after recombination, $\delta\rho_{CDM}/\rho_{CDM} \propto a$ from $T_{rec} \approx 0.25 \text{ eV}$
- at recombination $\delta\rho_B/\rho_B \sim \delta T/T \sim 10^{-4}$ and would grow only by a factor $T_{rec}/T_0 \sim 10^3$ without DM
- Subhorizon Inhomogeneities of photons $\delta\rho_\gamma/\rho_\gamma$ oscillate with constant amplitude at RD and with decreasing amplitude at MD, thus we can measure $T_{RD/MD}/T_{rec}$
- Phase of oscillations decoupled after recombination depends on the wave-length, recombination time and sound speed

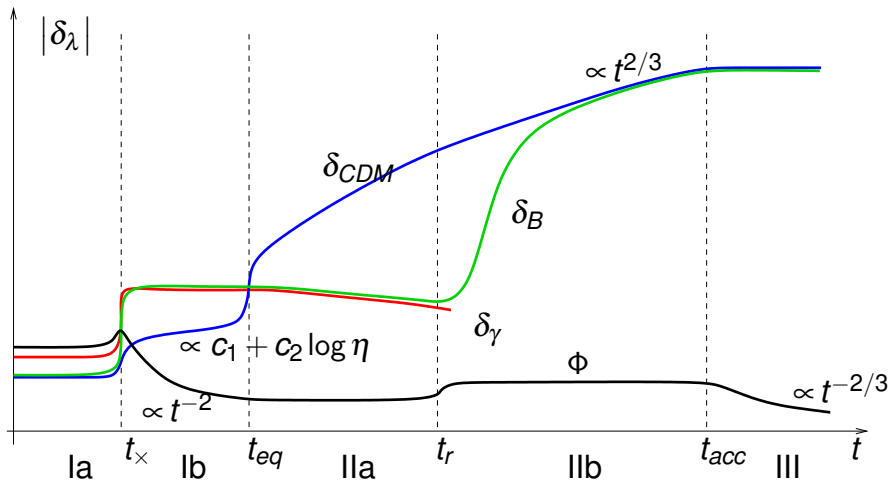
$$\delta\rho_\gamma/\rho_\gamma \propto \cos\left(k \int_0^{t_r} \frac{v_s dt}{a(t)}\right) = \text{cos}(kl_{\text{sound}})$$

●

$$\delta T(\theta, \varphi) = \sum a_{lm} Y_{lm}(\theta, \varphi),$$

$$\langle a_{lm}^* a_{lm} \rangle = C_l \equiv 2\pi \mathcal{D}_l / (l(l+1))$$

Mode evolution at various stages



On formulas...

- short waves, $k\eta_{eq} \gg 1$

$$R_B \equiv 3\rho_B/4\rho_\gamma$$

$$\delta_\gamma = \Phi_{(i)} \cdot \left[-324 \cdot (1 + R_B) f^2 \frac{\Omega_{CDM}}{\Omega_M} (1 + z_{eq}) \frac{\log(0.2k\eta_{eq})}{(k\eta_0)^2} + \frac{6}{(1 + R_B)^{1/4}} \cos \left(k \int_0^\eta d\tilde{\eta} u_s \right) \right],$$

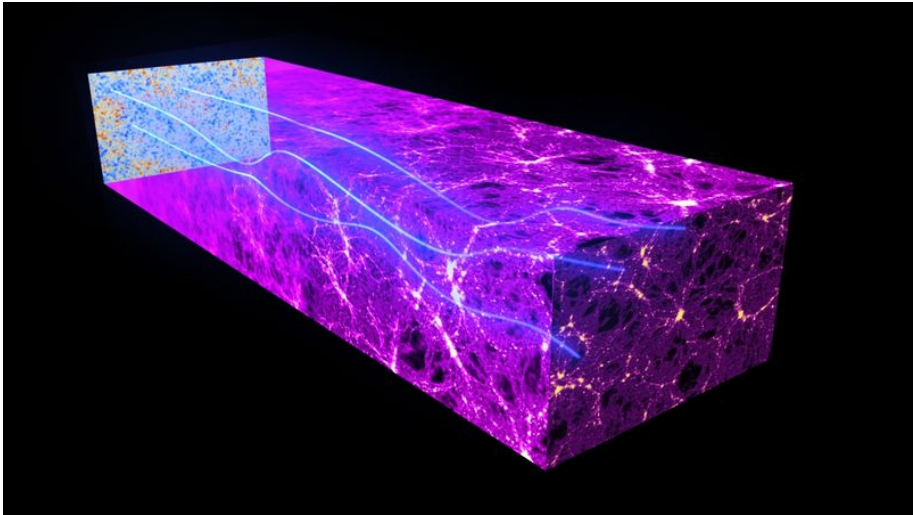
- long waves, $k\eta_{rec} \ll 1$

$$\delta_\gamma = -\frac{12}{5} \Phi_{(i)} = \text{const}$$

- intermediate waves ...

$$\delta_\gamma(\mathbf{k}, \eta) = -4[1 + R_B(\eta)] \Phi(\mathbf{k}, \eta) + 4\Phi_{(i)}(\mathbf{k}) \cdot A(k, \eta) \cos \left(k \int_0^\eta u_s d\tilde{\eta} \right),$$

On top of that: propagation in expanding Universe



On formulas. . .

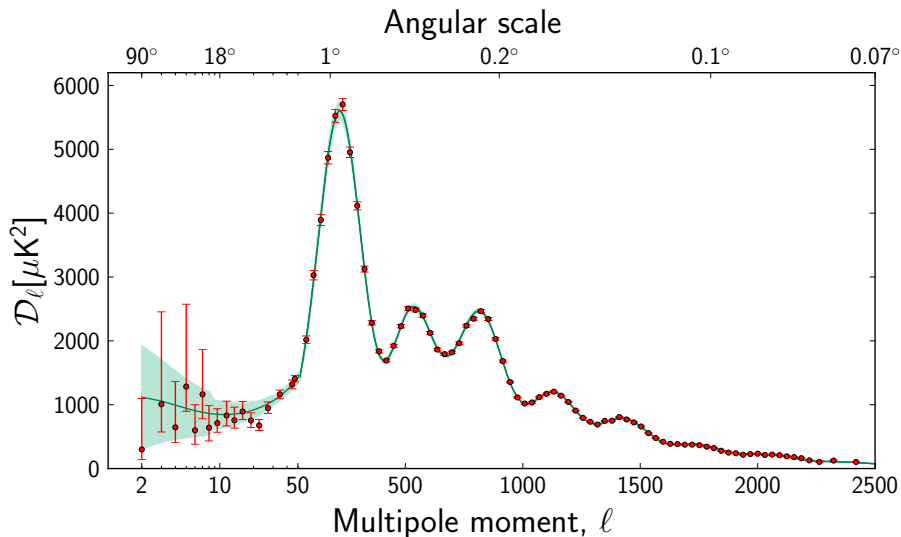
From linear approximation to the geodesic equation. . .

for scalar perturbations

$$\begin{aligned} \frac{\delta T}{T}(\mathbf{n}, \eta_0) &= \frac{1}{4} \delta_\gamma(\eta_r) + (\Phi(\eta_r) - \Phi(\eta_0)) \\ &\quad + \int_{\eta_r}^{\eta_0} (\Phi' - \Psi') d\eta \\ &\quad + \mathbf{nv}(\eta_r) - \mathbf{nv}(\eta_0). \end{aligned}$$

for tensor perturbations

$$\frac{\delta T}{T}(\mathbf{n}, \eta_0) = \frac{1}{2} \int_{\eta_r}^{\eta_0} d\eta n_i h_{ij}^{TT'} n_j,$$

CMB measurements (Planck) $\theta, \Omega_{DM}, \Omega_B, \tau, \Delta_{\mathcal{R}}, n_s$ 

Standard cosmological model $ds^2 = dt^2 - a^2(t)dx^2$

$$\left(\frac{\dot{a}}{a}\right)^2 \equiv H^2 = H_0^2 \left[\Omega_\Lambda + (\Omega_{DM} + \Omega_B + \Omega_{v,m \neq 0}) \left(\frac{a_0}{a}\right)^3 + (\Omega_\gamma + \Omega_{v,m=0}) \left(\frac{a_0}{a}\right)^4 \right]$$

- $T_\gamma = 2.735 \text{ K}$, $\implies \Omega_\gamma \sim 10^{-5}$
- $N_\nu \approx 3$, $\sum m_\nu < 0.2 \text{ eV} \implies \Omega_{\nu, \neq 0}, \Omega_{\nu, 0} \sim 10^{-5} ?$
- $\Omega_B = 4.5\% \implies \eta_B \equiv n_B/n_\gamma = 6 \times 10^{-10}$
- $\Omega_{DM} = 27.5\%$
- $H_0 = 67 \text{ km/s/Mpc} \implies \rho_0 = 5 \text{ GeV/m}^3$
- $\Omega_\Lambda = 68\% \implies \text{flat space}$
- adiabatic, gaussian matter perturbations

$$\left\langle \left(\frac{\delta\rho}{\rho} \right)^2 \right\rangle \sim A_S \int \frac{dk}{k} \left(\frac{k}{k_*} \right)^{n_S-1}$$

with $A_S = 3 \times 10^{-9}$ and $n_S = 0.97$

- no tensor perturbations, $r \equiv A_T/A_S < 0.05$
- reionization at $z \equiv a_0/a = 10$